



*Preventing alcohol and drug addiction by offering education, prevention, treatment and recovery to individuals and families regardless of income level.*

## San Luis Obispo Residential Program

This state-licensed recovery program provides a supportive environment for men seeking a life free from the devastating effects of drug and alcohol addiction. Certified counselors and recovery participants incorporate the principles of Social Model recovery, which utilize a peer-oriented, mutual help system that views the participant as a student, not a patient. Residents attend 12-step meetings, get a sponsor, and take personal responsibility for their own recovery. The participants attend a variety of activities including community events and volunteer activities. 'Giving back' to the community is an important aspect of the recovery process.



***Medi-cal and Private health insurance plans are accepted.***

### SERVICES INCLUDE:

- Social Model Detox
- Full schedule of recovery based classes including recovery planning, communication skills and relapse awareness
- Matrix Institute evidence based curriculum—Early Recovery, Relapse Awareness
- Family Empowerment counseling sessions and support groups
- Community activities
- Social Model / Resident Council
- Weekly aftercare for alumni
- State Certified Counselors
- 3 meals per day
- Laundry facilities
- DHCS Licensed Facility
- CARF Accreditation
- CCAPP Certified

**34 Prado Road, San Luis Obispo CA, 93401**

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**[www.SunStreetCenters.org](http://www.SunStreetCenters.org)**