

#### **OUR PHILOSOPHY:**

Since 1968, Sun Street Centers has been providing the most comprehensive and effective services for education, prevention and recovery of alcohol addiction and drug abuse. Relying on a proven social model developed by our founders, Martin and Nancy Dodd, as well as the compassion and experience of our staff, we welcome all individuals and families to hope, heal, share and thrive with a drug-free and alcohol-free lifestyle.





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## A MESSAGE FROM THE CEO



Sun Street Centers remains open to the public throughout our current pandemic, as an essential health care provider. State and Federal statistics for 2020 show 30% increase in reported substance abuse and mental illnesses, impacted by the COVID-19 pandemic on our lifestyles and overall health for youth and adults. No one is left unchanged. Sun Street Centers' statistics for July 2020 through June 2021 indicate we served and educated 9,761 people. This is consistent with the numbers of people we serve annually however our success rates show a 20% decrease in effectively achieving long term recovery or behavioral change. This is the impact of COVID-19. Effects of isolation, financial stressors, lack of work or schooling, health crises, have torn at the fabric of

many families. Compounded with the struggle of recovering from years of alcoholism or drug addiction, it has been difficult for our clients to complete program or to have a source of supports when they leave program. Our youth have not been fully engaged in school or extracurricular activities, and underage alcohol and drug abuse has increased beyond 30%; overdoses, for teens and adults have more than doubled as fentanyl products continue to infiltrate all kinds of street drugs. The good news is that we are here, doors open, professional, caring, committed staff willing to help. Across our various program/ strategies, we have seen 33%-80% success rates. Prevention, treatment, and recovery supports do work. Families are reuniting, students are making healthy choices. Sun Street Centers' amazing staff continue to save lives every day, working with our partners from county health departments, law enforcement, hospitals, schools, nonprofits, faith-based and 12-step communities, we still see recovery happening every day! On behalf of our hard-working and dedicated **Board of Directors**, please enjoy our program highlights for 2020-21.

-Anna Foglia

#### **BOARD OF DIRECTORS**



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# AGENCY WIDE DATA

#### **OUR MISSION:**

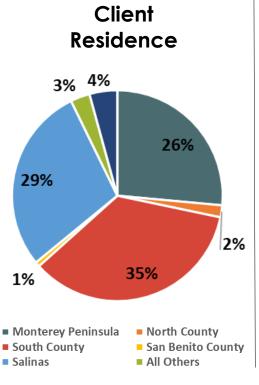
Preventing alcohol and drug addiction by offering education, prevention, treatment and recovery to individuals and families regardless of income level.

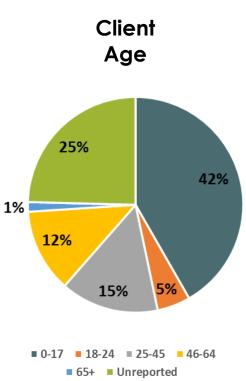
9,761
PEOPLE SERVED

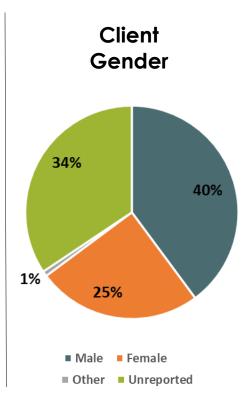
It is exciting to see the growth and positive changes happening throughout Sun Street Centers. Along with the challenges faced by COVID-19 pandemic, staff continues to provide exceptional services in Monterey County and San Benito County. Thanks to their commitment, we are inspiring our participants and our community to value an alcohol-free and drug-free life.

Prevention 6,615
DUI Education 1,672
Salinas Men's Residential 320
Sobering Center 311
Outpatient Services 278
Pueblo del Mar 195
King City Residential 131
Road to Success 95
Women's Residential 69
Sober Living Environments 43
Recovery Services 32

**TOTAL 9,761** 







# **COLLABORATIONS & VOLUNTEERS**

Each year, Sun Street Centers counts the number of inter-agency collaborations. as a requirement for one of its funding sources. Through these cooperative activities, Sun Street Centers not only shares its resources and expertise with other agencies, it also receives comparable, low-cost/high quality support from them and, thereby, expands its ability to serve its own clients. This past year, we were part of 732 collaborations.

A total of **9,453 volunteer hours** were completed through community activities, **886 volunteer hours** were donated to agency activities, and our board and volunteer committees completed **804 volunteer hours**.



289

collaborations with non-profit agencies



92

collaborations with consortiums/ collaboratives



**75** 

collaborations with local government



74

collaborations with faith based organizations



**4**9

collaborations with for-profit businesses/corporations



43

collaborations with housing consortiums consortiums



37

collaborations with school districts



34

collaborations with post-secondary education



**17** 

collaborations with federal government



16

collaborations with health services institutions



3

collaborations with state government government



2

Collaborations with state-wide associations associations



0

collaboration with finance/banking institutions





195 CLIENTS SERVED 114 58% ARE CHILDREN 57
FAMILIES COMPLETED PROGRAM

**14**GAINED
EMPLOYMENT

The Family Recovery Program at Pueblo del Mar (PDM) worked with **Monterey County Behavioral Health**, **Housing Authority for the County of Monterey**, and **Monterey County Department of Social Services** to provide a safe, affordable, transitional housing program for homeless women with children, men with children, and families with children.

Collaboration is key when it is time to make change. With support and partnership from agencies like Coalition of Homeless Services Providers, Workforce Development Board, Arts Council for Monterey County, Monterey Peninsula Unified School District (MPUSD), Soil Cycle Monterey Bay and many more, clients received resources and skills sets to prepare them for employment and housing. Pueblo Del Mar had 80% of



clients successfully complete the program. Families that successfully complete the program; find permanent housing, continue on with their education, find employment and are reunited with their families.

ANNUAL ACTIVITIES: Recovery Happens Family Field Day, Dress for Success, CSUMB Financial Aid Presentation, Martin and Nancy Dodd Awards and PDM Graduation, Sponsor Appreciation, Santa Drive-Thru Visit, Valentine's Day Arts and Crafts, PDM Garden BBQ and more!

PUEBLO DEL MAR CLIENT SURVEY RESULTS

80%

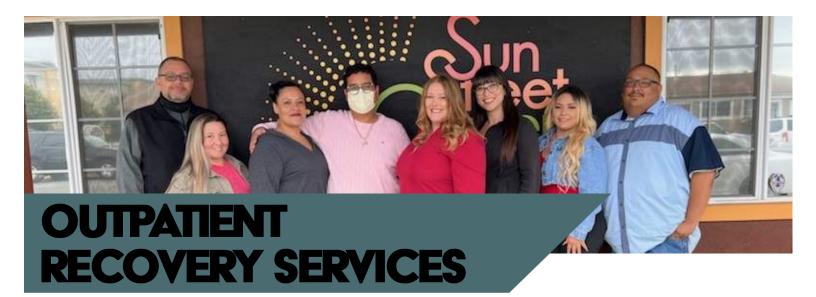
of adult clients
perceive the PDM
program as a high quality
experience.

92%

of clients reported their physical health is being monitored and or cared for by a doctor.

100%

of clients report their mental health needs are being addressed or do not have mental health needs.



Outpatient Recovery Services proudly served 278 clients with half of them being **self-referred**. Other referral sources include; 54 from **Substance Abuse and Crime Prevention Act/Probation**, 21 from **Assembly Bill 109** (AB 109), and 19 from the **Drug Court**.

**278**CLIENTS SERVED

Based on client demographics, **55%** of clients identify as Hispanic and a **61%** of the total clients served were between the ages of 25-44 years old. Residence area of clients show that **39%** are from Salinas, **28%** from Monterey Peninsula, **26%** from South County, **1%** from North County, **5%** from outside Monterey County and **1%** went unreported. **44%** of clients successfully completed the program.



86%
of clients in
Outpatient King
City evaluated the
program as
excellent.

87%
of clients in
Outpatient Marina
saw an
improvement in
their physical
health.

of clients in Outpatient Salinas shared information they learned with family or friends.

of clients in
Outpatient Seaside
saw an
improvement in
their mental health.

**PRIMARY DRUG OF CHOICE:** The term "drug of choice" (DOC) refers to substance abusers' preferred drug and this information often adds to the clinical picture of the patient because substance users often meet diagnostic criteria for dependence on multiple drugs. Overall, for this program the top preferred substances were:



**127** 

responses were collected for ALCOHOL



86

responses were collected for STIMULANTS



40

responses were collected for CANNABIS



24

responses were collected for OPIOIDS



1,672
CLIENTS
SERVED

1,006
FIRST TIME
OFFENDERS

548
MULTIPLE
OFFENDERS

118
RECKLESS
DRIVING

The DUI Education program proudly served 1,672 clients (80% male, 20% female) with half of clients being between ages 45-64 years. 56% of clients successfully completed the program.

This program is licensed by the State of California Department of Health Care Services (DHCS), Substance Use Disorder Compliance Division, and Driving Under the Influence Unit to provide quality education and counseling to help the participant understand his/her relationship with alcohol and drugs, and the inherent risk of driving while under the influence.

96%

learned useful information and strategies.

99%

gained personal insight from DUI program.

99%

indicate the program as high quality.

#### **CLIENT TREND, SUBSTANCE OF INFLUENCE:**

A total of 1,310 of clients (78%) reported that **alcohol** was their substance of influence.



Based on client demographics, **57%** are from Salinas, **18%** from South County, **15%** Monterey Peninsula, **8%** from North County, and **2%** from outside the county.





Men's Residential Program in Salinas proudly served 320 residents with 48% being referred by Medi-Cal from different counties. Additional referral sources include; private insurance and self referrals. This residential program saw at least 62% of beds filled with 97% of residents indicating that quality of the program was high. Resident demographics show that 41 residents are ages 18-24, 191 residents are 25-45, 80 residents are 45-64, and 8 residents are over 65 years of age.

Half of the residents stated that they were from the Salinas area with **48%** of total residents identifying as Caucasian/White, **36%** as Hispanic, **8%** as African American, **2%** as Asian, **1%** as American Indian, **1%** as Pacific Islander and **4%** as other. **33%** of residents successfully completed the program.

320 RESIDENTS SERVED

**227**VOLUNTEER
HOURS
COMPLETED

88%

of residents reported improvements in their mental health. 88%

of residents reported their mental health status as positive. 99%

of residents reported improvements in their close relationships.

**PRIMARY DRUG OF CHOICE:** Top drugs of choice for residents in Salinas Residential Program, include;



98

responses were collected for ALCOHOL



89

responses were collected for STIMULANTS



**75** 

responses were collected for OPIOIDS



8

responses were collected for COCAINE



Women's Residential Program in Hollister proudly served 69 residents with 80% being referred by Medi-Cal from different counties. Additional referral sources include; private insurance and self referrals. This residential program saw at least 78% of beds filled with 94% of residents indicating that quality of the program was high. Resident demographics show that 22% are ages 18-24, 52% are 25-45, and 26% are 45-64 with over half identifying as Caucasian/White.

**69**RESIDENTS SERVED

78%
BED OCCUPANCY
RATE

72%

of residents reported improvements in their housing circumstances. 89%

of residents reported improvements in their physical health. 89%

of residents reported improvements in their mental health.

This program reported at least **78%** of beds filled with **94%** of residents indicating that quality of the program was high. The great **leadership** from staff and the **determination** from residents to stay alcohol and drug-free created a safe environment for the women to get back on the road to sobriety. Based on surveys from 27 residents, **96%** stated they worked together with a staff member to create a plan and implement treatment goals. **92%** of the residents stated that the services they received were helpful to them with their sobriety and they felt comfortable asking questions about their treatment plan. **47%** of residents successfully completed the program.

**PRIMARY DRUG OF CHOICE:** Primary drug of choice for this program based on residents responses; 47% said **alcohol**, 28% said **stimulants**, 20% said **Opioids**, and 5% said **RX drugs**.





The Men and Women Residential Program in King City proudly served 131 residents. Located in Downtown King City, this program provides a supportive environment for men and women who are seeking freedom from the devastating effects of drug and alcohol addiction. Counselors are on hand 24/7 and can help recovery participants incorporate the principles of **Social Model recovery**.

**62%** of residents are being referred from **Prop 47** and **Medi-Cal**. Additional referral sources include; **probation** and **private insurance**. This residential program saw at least 60% of beds filled with 73% of residents indicating that quality of the program was high.

**SERVED** 



100% of the residents reported to be at or below poverty level. For this residential site, 50% of residents successfully completed the program.



**WOMEN:** Half of the women in the program were between the ages of 25-45. The women volunteered in King City, completing 364 volunteer hours.

**MEN:** A 60% of the men in the program were between the ages of 25-45. A total of **574 volunteer hours** were completed by the men in the program.

**PRIMARY DRUG OF CHOICE:** Top drugs of choice for all residents in King City residential program, include;



responses were collected for **ALCOHOL** 



responses were collected for **OPIOIDS** 



responses were collected for **STIMULANTS** 



Sobering Living Environments (SLE) throughout Monterey County proudly served 43 residents (47% male, 53% female). SLE's are structured to implement everything our residents have acquired in treatment, through the twelve-step recovery process. Residents agree to a Sober Living Covenant designed to develop character, self-esteem, responsibility, self-reliance, and accountability in order to help in the process of rebuilding a life.

43
RESIDENTS
SERVED

Based on resident demographics, 1 is from Monterey Peninsula, 1 from North County, 6 from South County, 7 from Salinas, 21 from outside San Benito County and 2 went unreported. The average SLE resident was an older individual. For instance, 70% of total clients are ages 25-44, 28% are ages 45-64, and 2% are ages 60 and up.

47% 53% FEMALES

**CLIENT SATISFACTION:** This program provides residents with the best possible opportunity of achieving and maintaining **permanent sobriety**. For this year, **88%** of residents indicated program quality as high. Most residents reported that staff treated them with **respect** and **dignity**, making residents more likely to recommend services to family and friends in need.



**PRIMARY DRUG OF CHOICE:** The top substances that residents considered to be their "drug of choice" or substance abusers' preferred drug for this program were:



22

responses were collected for ALCOHOL



15

responses were collected for STIMULANTS



4

responses were collected for OPIOIDS



2

responses were collected for OTHER



Sobering Center worked with California Highway Patrol, Salinas Police Department, Seaside Police Department, Soledad Police Department, Monterey County Sherriff, and Carmel Police

**Department** to help non-violent offenders avoid jail and receive the care they need, to begin their sobriety on the right foot. Out of total clients served at the Sobering Center, **55%** were between the ages of 25-45 years old. Based on client demographics, **39%** of clients were from the Salinas area and **24%** were visiting Monterey County.

311
CLIENTS SERVED

17%
MALES
FEMALES

90%

of client referrals are from California Highway Patrol 97%

of clients accepted referrals to other agencies.

100%

client satisfaction based on surveys.

**WHOLE PERSON CARE** (WPC) Pilot Program is authorized under California's Medi-Cal 2020 waiver to test locally based initiatives that will coordinate physical health, behavioral health, and social services for vulnerable Medi-Cal beneficiaries (homeless/chronically homeless) who are high users of multiple systems and continue to have or are at risk of poor health outcomes.

This program works with individuals who have two or more of the characteristics:

- diagnosed mental illness
- diagnosed substance use disorder
- emergency department visits within the prior 12-months
- one or more hospitalization within prior 12-months

476
UNIQUE CLIENTS

**523**HOURS OF
COUNSELING



# **PREVENTION** DEPARTMENT

The Prevention Department is dedicated to building healthy and safe communities by providing a variety of services to community members and their families, in order to build awareness and promote action around drug and alcohol abuse. This department served a total of 6,615 people with locations in the Peninsula, Salinas and South County. With every prevention site focusing on pressing issues in their communities, there is a STEPS Program and the PARTS Coalition take a county-wide approach; focusing on efforts that are impacting our community as a whole.



**STEPS PROGRAM:** The STEPS programs have always been active in each prevention site. However, with COVID-19 restricting in-person services, the STEPS program went all virtual; making it accessible to 133 students throughout the county. With one meeting for all county-wide STEPS, students participated in making drug and alcohol prevention flyers, videos, and social media posts about the risks of alcohol, tobacco, marijuana and prescription drug abuse. A total of 14 STEPS completed Life Skills Training and 40 were trained to co-facilitate Gateway Drug Presentations

STEPS represents different high schools in Monterey County:



**Gonzales High School** Soledad High School **King City High School Alisal High School** 

**Everett Alvarez High School Greenfield High School Mount Toro High School** North Salinas High School Rancho San Juan High School Salinas High School

El Puente High School **Monterey High School Seaside High School** 

**PARTS COALITION:** Similar to the STEPS Program, the PARTS Coalition from Salinas, Peninsula and South County, merged together to create a single county-wide **coalition**. This coalition meets once a month to discuss **community problems** related to drugs and alcohol, members receive numerous trainings from community partners, and exchange information and resources to better serve our communities. (PARTS Members logos below)



























# PREVENTION PENINSULA









Peninsula Prevention proudly served 2,441 people (41% male, 43% female, and 3% other) through various forms of educational services. This site worked with 2,127 students and parents through Life Skills Training, Gateway Drug Presentation, Drugged Driving Presentation and Cannabis Decoded Training. 314 people were served through other community projects. Some of the schools that this prevention site worked with to provide presentations are; Seaside High School, Marina High School, Monterey High School, Carmel High School, Seaside Middle School, Walter Colton Middle School, International School of Monterey and Dual Language Academy of the Monterey Peninsula.

**9,441**PEOPLE
SERVED

**64**TRAININGS
PROVIDED

LIFE SKILLS TRAINING (LST)
SURVEY RESULTS

85%

of youth LST graduates indicate a high degree of satisfaction with the training and intent to put learned skills into action.

94%

of youth LST graduates indicate the LST class decreased the amount of alcohol & drugs they use.

100%

of youth LST participants successfully completed this evidence based program.

**GATEWAY DRUG PRESENTATIONS:** Youth served through the Gateway Drug presentation makes up for about **68%** of total people served for this prevention site. Youth participants learn the **dangers and risks** of using alcohol, tobacco/e-cigarettes, marijuana and prescription medications including how they affect the **development of the brain**. This gives students the facts about drugs and a question and answer session for questions they may have.

The impact and **positive response** from students about the prevention of youth substance use was outstanding that **City of Seaside** made the decision to support this prevention site to give STEPS volunteers the opportunity for employment through the STEPS program.

















Salinas Prevention proudly served 1,336 people through various forms of educational services. This site worked with community partners and schools to serve 737 students and parents through Life Skills Training (LST), Gateway Drug Presentation, Drugged Driving Presentation and Cannabis Decoded Training. 599 people were served through other community projects. Some of the schools that this prevention site worked with to provide presentations are; Notre Dame High School, Alisal High School, Salinas High School, El Sausal Middle School and Washington Middle School.

1,336
PEOPLE
SERVED

969 73% ARE CHILDREN

IFE SKILLS TRAINING (LST)
SURVEY RESULTS

88%

of youth LST graduates indicate a high degree of satisfaction with the training and intent to put learned skills into action.

94%

of youth LST graduates indicate that after the LST, they are not likely at all to be involved in violent or risky behavior.

100%

of parent LST graduates indicate that the LST class has been very important in their lives.

**RX DRUGS AND MARIJUANA YOUTH FOCUS GROUP:** In a focus group conducted by Prevention staff to collect data, youth expressed that even though **prescription drugs** are easily accessible, youth do not perceive them as harmful, rather, they consider marijuana use and vaping as a top issue. For the most part, there is a consensus on **marijuana** being easily accessible and youth **perception** of harm is decreasing, emphasizing the fact that some school administrators see cellphone use as a bigger offense than using marijuana products.



Despite the challenges from COVID-19, **youth engagement** through the STEPS program remained **outstanding** with **96** STEPS volunteers from different high schools in City of Salinas.

- Alisal High School
- Everett Alvarez High School
- Mount Toro High School
- North Salinas High School
- Rancho San Juan High School
- Salinas High School
- El Puente High School





**South County Prevention** proudly served 2,838 people through various forms of educational services. This site worked with community partners and schools to serve **716 students and parents** through Life Skills Training (LST), Gateway Drug Presentation, Drugged Driving Presentation and Cannabis Decoded Training. **2,122 people** were served through other community projects. Some of the schools that this prevention site worked with to provide presentations are; **Greenfield High School**, **Soledad High School**, **Pinnacles High School**, **Portola High School**, **King City High School**, and **Soledad Main Street Middle School**.

2,838
PEOPLE
SERVED

39 TRAININGS PROVIDED

LIFE SKILLS TRAINING (LST)
SURVEY RESULTS

90%

of youth LST graduates indicate the LST class decreased the amount of alcohol & drugs they use.

93%

of youth LST graduates indicate a high degree of satisfaction with the training and intent to put learned skills into action.

98%

of parent LST graduates indicate that the LST class has been very important in their lives.

POLICY CHANGE: In partnership with Monterey County Health Department Tobacco Control Program, South County Prevention helped push Tobacco Retail Licensing to strengthen tobacco regulations with the goal of preventing youth tobacco use initiation and reducing youth tobacco sales.

Another success, after 10 years of the **Social Host Ordinance** (SHO) being enacted in **King City**, an Amendment to the existing SHO was enacted, now including marijuana and illicit drugs. This ordinance prohibits minors from drinking alcohol, using marijuana and illicit drugs at private home gatherings.





95 YOUTH REFERRALS

440
COMMUNITY
VOLUNTEER HOURS

PRO-SOCIAL ACTIVITY HOURS

10%
RECIDIVISM
RATE

**Road to Success** worked with law enforcement agencies, juvenile probation, and schools in South County to generate referrals. Based on number of referrals received this past year, staff worked with 95 youth (**83% male** and **17% female**) that were offenders of misdemeanor crimes. Diversion plans were developed in collaboration with the student, their parents and a case management specialist with the goal of offering a path to success through education, community involvement, Life Skills Training, and pro-social activities.

Based on referral source, the top three documented offenses for the youth were; **Truancy (23** offenders), **Possession of Drugs/Alcohol/Drug Paraphernalia (22** offenders) and **Driving Without a License/Hit and Run (14** offenders). In addition, **39** offenders were from Juvenile Hall, however information about their offense was unavailable to us.



(refferals based on city)

Seaside 2

Marina 1

Salinas 10

King City 13

Greenfield 36

Soledad 25

Gonzales 8

**COMMUNITY ACCOUNTABLY BOARD**, made up of community advocates, held meetings in Soledad, Gonzales, Greenfield and King City to review the reasons the offender committed the offense, discuss the impact, and formulate a diversion agreement, as well as congratulate successful program graduates.

96%

of graduates agree/ strongly agree the services received were helpful to them. 100%

of graduates indicate a high degree of satisfaction with newly acquired skills and intend to put skills into action. 100%

of the parents reported the program to be beneficial to their families.

# **CLIENT COMMENTS**

"THIS PROGRAM HELPED HER BE MORE OPEN WITH ME. WITH HER FEELINGS. AND WE **CONVERSATE. THERE IS MORE COMPASSION** AND CARE."

-ROAD TO SUCCESS PARENT OF PROGRAM PARTICIPANT

"IT SERVED IT'S PURPOSE FOR ME. I NEEDED A TIME OUT FROM 'SOCIETY' TO GET MYSELF TOGETHER AND IT ALLOWED ME TO DO THAT. A FRESH START AT LIFE."

-RESIDENTIAL PROGRAM GRADUATE

"I JUST WANT TO TAKE THIS OPPORTUNITY TO THANK YOU FOR YOUR PROFESSIONALISM AND THE CARE GIVEN TO ME DURING LAST NIGHT AT YOUR FACILITY. IT WAS VERY NICE TO SPEAK TO THE TEAM IN AN OPEN WAY AND TO LISTEN TO YOUR ADVICES. WELL TAKEN. THANK YOU VERY MUCH."

-SOBERING CENTER CLIENT

"ON A DAILY BASIS I AM NOTICING AN ABUNDANCE OF POSITIVE THINGS THAT ARE FALLING INTO MY LAP. MY LIFE HAS CHANGED IN SO MANY WONDERFUL WAYS AND THIS IS SOLELY ATTRIBUTED TO MY SOBRIETY AND MY NEW OUTLOOK IN LIFE."

-WOMEN'S RESIDENTIAL PROGRAM GRADUATE

"I FOUND THE SOBER LIVING ENVIRONMENT VALUABLE BECAUSE IT GIVES PEOPLE A SECOND CHANCE IN LIFE AND A STEPPING STONE TO BUILDING A FOUNDATION."

-SOBER LIVING ENVIRONMENT RESIDENT

"I PERSONALLY ENJOYED PARTICIPATING IN **EDUCATING THE COMMUNITY ON SUBSTANCE** ABUSE AND MAKING EFFECTIVE CHANGE."

-STEPS PROGRAM PARTICIPANT

"SUN STREET CENTERS IS A GREAT RESOURCE AND SCHOOL PARTNER. THEIR VISION OF INSPIRING PARTICIPANTS AND COMMUNITY TO VALUE AND ALCOHOL-FREE AND DRUG-FREE LIFE ALIGNS WITH PARTS OF THE WORK WE ARE DOING AT SCHOOL."

-PREVENTION PARTNER

"A LOT OF THE THINGS WE G OVER ARE THINGS WE DEAL WITH EVERY DAY BUT IT'S A DIFFERENT PERSPECTIVE ON HOW TO GO ABOUT IT."

-ROAD TO SUCCESS YOUTH PARTICIPANT

"I LOVE PUEBLO DEL MAR FOR HELPING ME **GET MY LIFE BACK."** 

-PUEBLO DEL MAR PROGRAM GRADUATE

"DON'T REPEAT THE SAME THING AND WITH EVERYTHING I HAVE LEARNED FROM THIS EXPERIENCE, IT WAS A BLESSING IN DISGUISE. I'M THANKFUL TO HAVE ALL THE COUNSELORS I HAD. THANK YOU ALL SUN STREET CENTERS SERVICES FOR ALL YOU DO TO MAKE THIS PROGRAM POSSIBLE."

-DUI PROGRAM GRADUATE

"I REALLY CAN SAY SUN STREET RESIDENTIAL IS A GREAT FACILITY."

-RESIDENTIAL PROGRAM GRADUATE

"I'VE LEARNED THAT BEING AROUND THE RIGHT PEOPLE CHANGES YOUR LIFE."

-OUTPATIENT CLIENT

