

# SUN STREET CENTERS

## Preventing Alcohol Related Trauma

PARTS Coalition Newsletter

July - September 2019



**National Recovery Month** (Recovery Month), sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA), is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live healthy and rewarding lives. This observance celebrates the millions of Americans who are in recovery from mental and substance use disorders, reminding us that treatment is effective and that people can and do recover.



South County PARTS Coalition with King City, Greenfield, Soledad, and Gonzales Recovery Month Proclamations.



NATIONAL  
RECOVERY  
MONTH 2019  
30th Anniversary



STEPS Student Youth Leaders received Recovery Month Proclamation from City of Salinas.

STEPS Student Youth Leaders created visuals with supportive messages to motivate those in recovery and encourage others to seek help if needed. This project is aimed towards breaking the negative stigma of mental health and substance use disorders by providing support for individuals in recovery.



### In this issue:

- Community Education
- Resource Fairs
- Road to Success Program
- PARTS Member Spotlight
- Community Gathering
- Awareness Campaigns
- Community Board

# Community Education

## Gateway Drug Presentations:

A presentation focused around how addiction works, the mental/physical effects of Alcohol, Tobacco, Marijuana, and Prescription Drugs and the dangers on the developing body/brain.

Monterey High School  
**320 youth**

Walter Colton Middle School  
**309 youth**

Center Coast for Independent Living Program  
**15 adults**

El Sausal Middle School  
**13 parents**

Partners for Peace Step Up Mentoring Program  
**11 youth**

## Substance Abuse and Bullying Presentations:

Bullying behavior can lead to involvement in more risky behavior. This presentation highlights how substance abuse plays a role in bullying behavior and the risks/consequences. In addition, ways to stand up to bullying.

Walter Colton Middle School  
**259 youth**

North Monterey County High School  
**129 youth**

Salinas High School  
**120 youth**

## Drugged Driving Presentations:

A partnership between Sun Street Centers and Monterey County Health Department helps high school students understand what cannabis is, Proposition 64 (legalization of cannabis adult use), and mental/physical effects of cannabis use as a teenager.

Monterey High School  
**259 youth**

Salinas High School  
**120 youth**

# Resource Fairs

## Salinas National Night Out



## Peninsula National Night Out

## Rancho Cielo Family Fun Day



## National Recovery Month at Monterey High School

## Salinas City Elementary School District Parent Leadership Conference



## Sun Street Centers services presentation presented to:

Center for Employment Training  
Monterey County Immigrant Services

## Road to Success:

The **Road to Success** is a pre-diversion program for youth, first time offenders of crimes. This 3 to 6-month program seeks to prevent school expulsion and/or entry into the juvenile justice system by offering youth offenders individualized diversion plans that include substance abuse intervention and education, participation in pro-social activities, individual and/or family counseling, parent workshops, and community service hours.

Youth

**15** new youth referrals  
**28** total active youth



Program Provided:

**19** gym memberships

**13** paint classes

& **3 youth** received sports gear to participate in activity of their choice.

Parents

**11** parents currently receiving individual parenting class

## PARTS Member Spotlight



My name is Jose Jesus Ramirez, also known as Chuy, I am a Producer / Youth Radio Coordinator for bilingual public radio station Radio Bilingue [90.9FM Monterey and Santa Cruz Counties] [104.1FM in San Benito County]. For over 30 years Radio Bilingue has been servicing the Central Coast by providing public-affairs shows focusing on Latino, farm workers, immigrants, youth and other minority group issues.

I decided to get involved with the PARTS Coalition and STEPS Student Youth Leaders because the opportunity it provides to youth with education, engaging them awareness activities, and the access support it has throughout the county to those who are ready to put an end to their addiction. Also, the continuous advocacy it has to bring policy change.

What I like most of the partnership between Radio Bilingue KHDC and Sun Street Center/PARTS and STEPS is the information that is shared from the different organizations that attend the meetings, it alerts us of what information, campaigns, and activities is being shared to our community and where we can provide that support to share that information through our media outlet.



## Community Gathering: Conversations on How Marijuana Affects Youth



This community education event was held at Greater Victory Temple Church located in Seaside. It was a success, attracting over 90 attendees who received valuable information about marijuana's effect on youth, school trends, and cannabis law. Dinner and raffle prizes were enjoyed at the end of the event.



## STEPS Awareness Campaigns

### STEPS Beach Clean-Up:



STEPS Student Youth Leaders conducted a Beach Clean Up. Cigarette butts and alcohol bottles can litter our beaches and harm the environment and the animals that live in it.

### California Department of Public Health—Tobacco Prevention:



STEPS Student Youth Leaders were trained on tobacco prevention opportunities through California Department of Public Health.

### Ally Week:



STEPS Student Youth Leaders did poster signage to let people in our community know the importance of Gay Lesbian Straight Education Network (GLSEN) Ally Week and loving yourself.

### International Overdose Awareness Day:



In honor of International Overdose Awareness Day, STEPS Student Youth Leaders made posters to bring awareness on this important campaign.

### Suicide Prevention Month:



STEPS Student Youth Leaders of Soledad High School talked to youth about the dangers of substance abuse and the correlation with suicide.

### STEPS Orientation :



STEPS Student Youth Leaders presented to parents and high school students about the STEPS Program and the benefits of joining.

# PARTS Coalition Community Board

## PARTS Coalition

Want to make a difference? Sun Street Coalitions are looking for new members. New members welcome!  
Contact: Gina Marin P: 831-753-5150

## Youth Prevention on Marijuana

### Summit

**November 14, 2019**

**6:00-8:00pm**

PARTS Coalition will be hosting an educational event on the impact marijuana has on youth, along with resources for the community.

## Great American Smoke Out

**November 21, 2019**

Quitting smoking isn't easy. It takes time. And a plan. You don't have to stop smoking in one day. Start with day one. Let the Great American Smokeout event on November 21 be your day to start your journey toward a smoke-free life. You'll be joining thousands of people who smoke across the country in taking an important step toward a healthier life.

## Contact Us

Give us a call for more information about our services.

### Sun Street Centers

**Salinas:** 831-753-5150  
**Seaside:** 831-899-6577  
**Gonzales:** 831-676-8735

Visit us on the web at  
[www.sunstreetcenters.com](http://www.sunstreetcenters.com)



@Sun Street Centers



@SunStreetCenters



@SunStreetTweet

## STEPS Youth Program

Drug and alcohol prevention program for teens 14-18 years old  
Prevention Department  
(Salinas, Seaside and South County)  
P: 831-753-5150

## Presentations Available!

Sun Street Centers' Prevention Department provides a variety of educational services/ presentations for youth and parents.

### Life Skills Training

**Substance Abuse and Bullying presentation**

**Gateway Drug presentation**

**Drugged Driving (youth focused) presentation**

**MONTEREY COUNTY GIVES!**

 **Community Foundation**  
for Monterey County

*Nancy Buck Ransom Foundation*



**GROWERS ICE  
COMPANY**



**MONTEREY  
PENINSULA  
FOUNDATION**

Substance Abuse and Mental Health Services Administration  
**SAMHSA**

## PARTS Coalition Mission

Our mission is to prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.