# **SUN STREET CENTERS**

#### **Preventing Addiction Related Trauma**



**PARTS Coalition Newsletter** January— March 2019











(MARCH 2019) Kick Butts Day is a national day of activism that empowers youth to stand out, speak up and seize control against Big Tobacco. On Kick Butts Day, teachers, youth leaders and health advocates organize events to raise awareness about the danger of tobacco use among children in our communities. STEPS Student Youth Leaders put together different activities at Sherwood Elementary

School to combat the big tobacco industry through the national Kick Butts Day campaign. Along with Campaign for Tobacco-Free Kids, Sun Street Centers works to create a generation of tobacco-free kids.









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## **Resource Fairs / Community Education**



Hartnell NASA Family Café Resource Fair: Sherwood Elementary School



BGCMC Crossroads
Gang Prevention
Summit

See Our Youth (SOY)
Summit/Resource
Fair



Community Action
Partnership (CAP)
Public Hearing



#### **Gateway Drug Presentations:**

A presentation focused around how addiction works, the mental/physical effects of Alcohol, Tobacco, Marijuana, and Prescription Drugs and the dangers on the developing body/brain.



Hartnell NASA
Family Café Resource
Fair: Creekside
Elementary School

Salinas High School
106 Youth

Alisal Resource Center 28 Parents

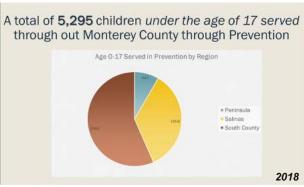
Everett Alvarez High School

19 Parents

Salinas High School
<a href="12">12 Parents</a>

North Salinas High School 7 Parents



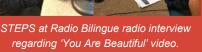


# No Name-Calling

## Week

GLSEN's No Name-Calling Week is a week to end name-calling and bullying in schools. The week is rooted in the idea of #KindnessInAction by actively adding kindness into our every action.







STEPS Student Youth Leaders created 'You are Beautiful' video with a focus on the negative names individuals are/were called followed by emphasizing on the im-







portance of spreading kindness.









Pink Shirt Day encourages people to speak up, stand together, and stop bullying. By wearing a pink shirt and sharing your pink pride on social media, you are taking a stand against bullying and supporting Pink Shirt Day campaign.

**#SunStreetCenters #HarmonyAtHome #PinkItForward** 













### **PARTS Member Spotlight**





"My name is Andrea Estrada and I am the Coordinator for the Monterey County Tobacco Control, Tobacco Retail License Program and staff to the Monterey County Collaborates. The Collaborates is a coalition that meets bi-monthly with partners that promote reducing tobacco products, smoke-free housing, smoke-free outdoor areas, safe and walkable communities, healthier lifestyles, dental health, responsible alcohol, cannabis, and tobacco sales.

I got involved working with youth because I wanted to provide our community with more opportunities to thrive in a sustainable future. We are currently providing presentations on letter writing to stakeholders and to take ownership of their community to promote health and wellbeing.

I enjoy working with Sun Street Centers STEPS because it is amazing to watch this group become actively involved in identifying priorities of their local community. I strongly believe efforts with STEPS are the future and will enact lasting change in the face of so many obstacles and so much uncertainty in our community. Together, we can find and develop solutions that enhance the community."





### **PARTS Coalition Community Board**

# PARTS Coalition

Want to make a difference? Sun Street Coalitions are looking for new members. New members welcome! Contact: Gina Marin P: 831-753-5150

#### **National Prevention Week** May 12-18, 2019

National Prevention Week is an annual health observance dedicated to Increasing public awareness of, and action around, mental and/or substance use disorders.

May 13: Preventing Prescription and Opioid Drug Misuse

May 14: Preventing Underage Drinking and Alcohol Misuse

May 15: Preventing Illicit Drug Use and Youth Marijuana Use

May 16: Preventing Youth Tobacco Use

May 17: Preventing Suicide

### Prescription Drug Take Back April 27, 2019 10:00am-2:00pm

The National Prescription Drug Take Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications.

### STEPS Youth Program

Drug and alcohol prevention program for teens 14-18 years old Prevention Department (Salinas, Seaside and South County) P: 831-753-5150

#### **Contact Us**

Give us a call for more information about our services and products

**Sun Street Centers** 128 E. Alisal Street

(831) 753-5150

Gina Marin

Visit us on the web at

Like us on Facebook facebook.com/



#### **PARTS Coalition Mission**

Our mission is to prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.