# **SUN STREET CENTERS**

### **Preventing Addiction Related Trauma**



PARTS Coalition Newsletter
April - June 2019











(JUNE 2019) Sun Street Centers' STEPS Student Youth Leaders in partnership with Community Alliance for Safety and Peace (CASP) Youth Leadership Academy Intern, planned out and conducted a park clean-up at Natividad Creek Park. Even though this area is not as concentrated with alcohol retail outlets as other parts of Salinas are, it is the biggest park in the City. STEPS goal is to reduce the access and influence of drugs and alcohol among minors, so making sure our parks are drug-free is a major step to a healthier, drug-free generation. In addition, STEPS collected **1,487 cigarette butts**; besides the harmful effects of secondhand smoke, according to Truth Initiative, littered cigarette butts leach toxic chemicals

such as arsenic (used to kill rats) and lead, to name a few—into the environment which can contaminate water and poison animals that eat the cigarette butts.



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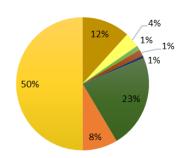


# **Community Education**

### **Gateway Drug Presentations:**

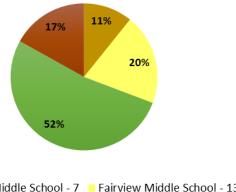
A presentation focused around how addiction works, the mental/physical effects of Alcohol, Tobacco, Marijuana, and Prescription Drugs and the dangers on the developing body/brain.

### **Gateway Drug: Youth**



- Holy Trinity Church 74
- King City High School 7
- Portola Butler Alternative Ed 4
- Carmel High School 54
- Pinnacles High School 23
- Fairview Middle School 10
- North Monterey County High School 144
- Pacific Grove Middle School 316

### **Gateway Drug: Adults/Parents**



- El Sausal Middle School 7 Fairview Middle School 13
- John's Catholic Church 34 King City High School 11









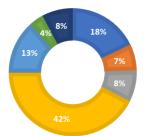


### **Drugged Driving Presentations:**

A partnership between Sun Street Centers and Monterey County Health Department helps high school students understand what cannabis is, Proposition 64 (legalization of cannabis adult use), and mental/physical effects of cannabis use as a teenager.

#### DRUGGED DRIVING PRESENTATION: YOUTH

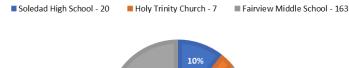
- Salinas High School 81 Carmel High School - 192
- Holy Trinity Church 61
- Everett Alvarez High School 30 North Salinas High School 36 ■ King City High School - 17
- Pinnacles High School 35



# Substance Abuse and Bullying Presentations:

Bullying behavior can lead to involvement in more risky behavior. This presentation highlights how substance abuse plays a role in bullying behavior and the risks/ consequences. In addition, ways to stand up to bullying.

#### SUBSTANCE ABUSE AND BULLYING PRESENTATION: YOUTH





### **Resource Fairs**

Community Alliance for Safety and Peace (CASP) Summer Fun Expo



See Our Youth (SOY)
Summit





YMCA Healthy kids

Day



Hartnell College NASA
Family Café: Cesar
Chavez Elementary
School

City of Salinas
Dia del Nino



Hartnell College National Public Health Week





Hartnell College NASA
Family Café:
Laurelwood Elementary
School

- Şeaside High Şchool Peace Şummit
- Dual Language Academy of the Monterey Peninsula College and Career Fair

# **Partnership Collaborations**

# YWCA 'In Their Shoes' Training:



YWCA partnered with Sun Street Centers' Prevention Department to bring awareness about healthy vs. unhealthy relationships and the signs of an unhealthy relationship.

# Healthy Stores for Healthy Communities Survey



Tobacco Control Program invited STEPS students to be part of Healthy Stores for Healthy Communities survey to get learn about what products are available to the community.

# See Our Youth (SOY) Summit:



STEPS student, Jonathan Mejia, partnered with CASP and City of Salinas by becoming part of the planning committee for SOY Summit.

# International School of Monterey Community Project:

The Peninsula Prevention Team worked with a middle school student from the International School of Monterey in creating a collaborative community project. The student middle provided his classmates with a Substance Abuse and Bullying Presentation and then presented a poster with his project information to families. Sun Street attended the project Centers presentation night to support the student and see the finished project.

### 411 on 420 Town Hall Meeting

Thanks to a successful Monterey County (MC) Gives campaign, Sun Street Centers' South County PARTS Coalition hosted the first informational community meeting on marijuana with an attendance of <u>76</u> community members.

South County PARTS Coalition invited guest speakers:

**Yanley Martinez, Greenfield Temp Mayor** 

Dr. Grover & Dr. Reb, Community Hospital Of Monterey Peninsula,



Officer Webb, Greenfield High School Resource Officer

Mark Karandag, High Intensity Drug Trafficking Area

& King City Cultivation













# **PARTS Member Spotlight**

Our featured PARTS member for this quarter is Carol Cervantes. Carol has been attending our PARTS Coalition meetings on a regular basis, she gets involved in meeting discussions, and supports Sun Street Centers' Prevention Department efforts.

She is able to share the information she receives at the PARTS Coalition Meetings or community events with the youth that she works with through the City of Salinas Street Outreach Program while having them participate in prevention activities.



Salinas Prevention: Who are you and what agency/organization do you represent?

**Carol:** My name is Carol Cervantes and I represent City of Salinas Street Outreach Program.

Salinas Prevention: Why did you decide to get involved with our PARTS Coalition?

**Carol:** I was assigned to PARTS Coalition by my supervisor to represent Community Alliance for Safety and Peace (CASP). However, I enjoy attending the meetings.

**Salinas Prevention:** What do you like most about the partnership between your agency and Sun Street Centers' PARTS Coalition?

**Carol:** I enjoy seeing the young adults and youth take the lead. Also, all the events that happen within the STEPS program.

# **PARTS Coalition Community Board**

# PARTS Coalition

Want to make a difference? Sun Street Coalitions are looking for new members. New members welcome! Contact: Gina Marin P: 831-753-5150

### **National Night Out** August 6, 2019

National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.

### STEPS Youth Program

Drug and alcohol prevention program for teens 14-18 years old Prevention Department (Salinas, Seaside and South County) P: 831-753-5150

### National recovery Month September 2019

National Recovery Month (Recovery Month), sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) is a national observance held every September to educate Americans that substance use treatment and mental health services can enable those with mental and substance use disorders to live a healthy and rewarding life.

#### Presentations Available!

Sun Street Centers' Prevention Department provides a variety of educational services/ presentations for youth and parents.

Life Skills Training

Substance Abuse and Bullying presentation **Gateway Drug presentation** 

Drugged Driving (youth focused) presentation

### **Contact Us**

Give us a call for more information about our services.

**Sun Street Centers** 

**Salinas:** 831-753-5150 **Seaside:** 831-899-6577 Gonzales: 831-676-8735

Visit us on the web at www.sunstreetcenters.com



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# MONTEREY COUNTY GIVES!

Here for Good **Community Foundation** for Monterey County

Nancy Buck Ransom Foundation









#### **PARTS Coalition Mission**

Our mission is to prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.