



PROGRAM EVALUATION HIGHLIGHTS

2018-2019

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"Sun Street Centers gave me hope and gave me the assistance I needed to rebuild my life for me and my son."

-Women's Residential alumni

"I would like to take this time to thank each and everyone in the Outpatient group for making a difference in our lives it has helped me."

-Outpatient client

"I've got an entirely new and positive perspective on life and have no desire to drink away my stress or anxiety. In the future I will plan ahead and refuse to drink more than my limit which is two drink max at any event even with a designated driver."

-DUI client

"Living with like-minded people all striving toward a common goal helps to give me a sense of security and pride in my recovery. I'm extremely happy that it was available when I needed it and grateful that it is such a great place to live."

-Women's Sober Living Environment resident

"I honestly don't think I could achieve any goals if I wasn't here at this program. I believe this program is saving my life."

-Pueblo del Mar alumni

"I joined S.T.E.P.S. because I wanted to learn more about and be aware of the harms of drugs. What I liked the most was getting to interact with others and doing projects... I just feel more educated and like I will make better decisions now."

-STEPS alumni

AGENCY WIDE DATA

Our Philosophy:

Since 1968, Sun Street Centers has been providing the most comprehensive and effective services for education, prevention and recovery of alcohol addiction and drug abuse. Relying on a proven social model developed by our founders, Martin and Nancy Dodd, as well as the compassion and experience of our staff, we welcome all individuals and families to hope, heal, share and thrive with a drug-free and alcohol-free lifestyle.

Our Mission:

Preventing alcohol and drug addiction by offering education, prevention, treatment and recovery to individuals and families regardless of income level.

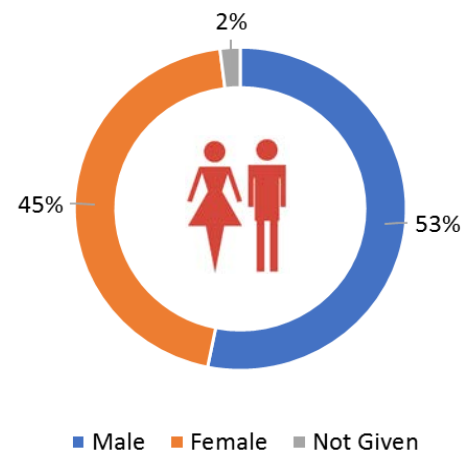
During this last fiscal year, Sun Street Centers served a total of 14,345 clients.

Clients per Department

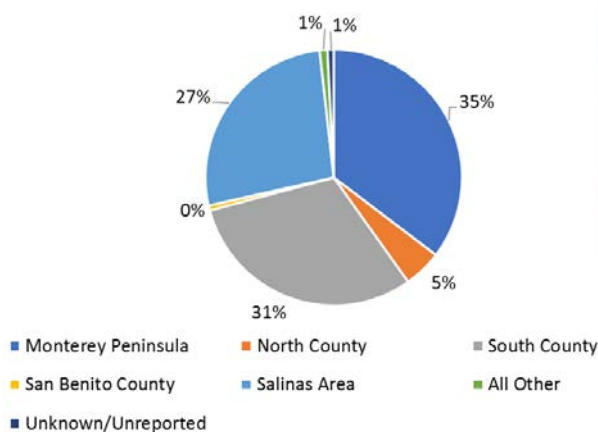
10,479	Prevention
2,624	DUI
321	Men's Residential
321	Outpatient Services
254	Sobering Center
173	Pueblo del Mar
73	Sober Living Environments
69	Road to Success
31	Women's Residential



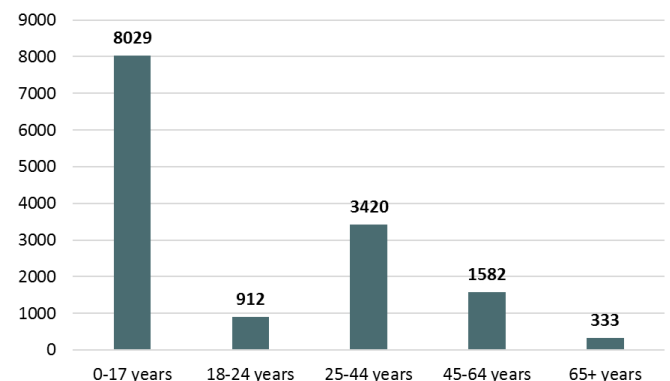
Client Gender



Client Residence Area



56% (8,029) of clients served were children between the ages of 0 and 17 years old.



PUEBLO DEL MAR

The Family Recovery Program at Pueblo del Mar offers comprehensive wraparound services for families in early recovery from drug or alcohol through targeted case management, relapse prevention classes, individual and group counseling, as well as weekly AA/NA meetings, job development and cooperative childcare.

We proudly served **173** clients in our Pueblo del Mar program.

73% successfully completed the program.

Residents participate in training programs and other services that promote self-sufficiency for themselves and their families which are provided by community agencies, organizations, and individuals at no cost to individual or agency.

Wayne's College of Beauty

(haircuts, manicures, facials)

MILPA

(community resources)

City of Marina Police Department

(community service)

Department of Rehabilitation

(community education)

Employment Development Department of
Monterey County

(community education)

Marina Fire Department

(education)

Center for Employment Training

(community resources and education)

United Way

(community resources)

and many more!



61% served are children

21 families

48 children

were reunified!

22% served are female
parents

17% served are male
parents

93% of residents reported that the overall evaluation of the program was very good to excellent.



36 residents obtained employment

Residents obtaining full time employment has
DOUBLED in two years!



19 residents continued education



OUTPATIENT RECOVERY SERVICES

Outpatient Recovery Services offer a variety of individual and group therapy styles for individuals and families empowering them to stop the cycle of addiction and take charge of their lives. While most of our counseling services are focused on assisting individuals with substance abuse problems, our services also include other forms of counseling such as family or couples counseling.

We proudly served **321** clients in our Outpatient program.

88% of clients reported that they would recommend Outpatient program to family and friends in need.

96% of clients reported that their rights were honored by Outpatient staff.

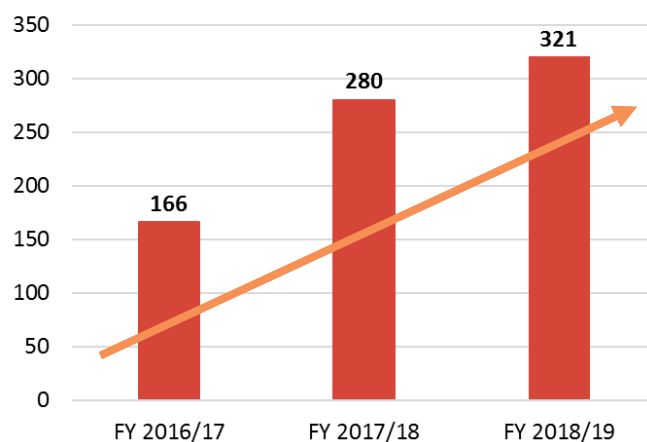
100% of clients reported that they were treated with dignity and respect.



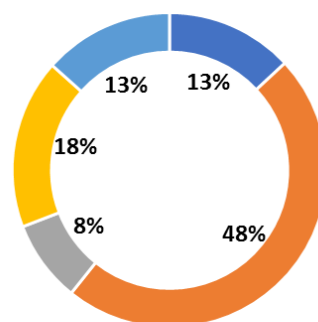
72 females **249** males

31 of the Outpatient clients were ages 13-17 years old.

of Clients Served Each Year

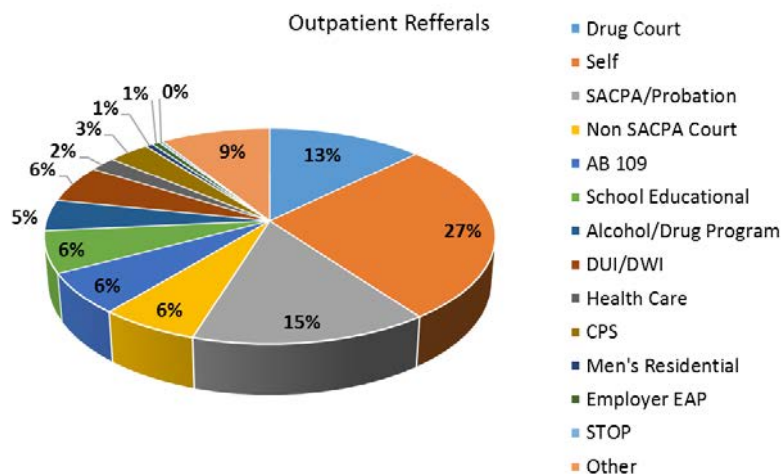


Clients Served by Location



King City Salinas Marina Seaside Soledad

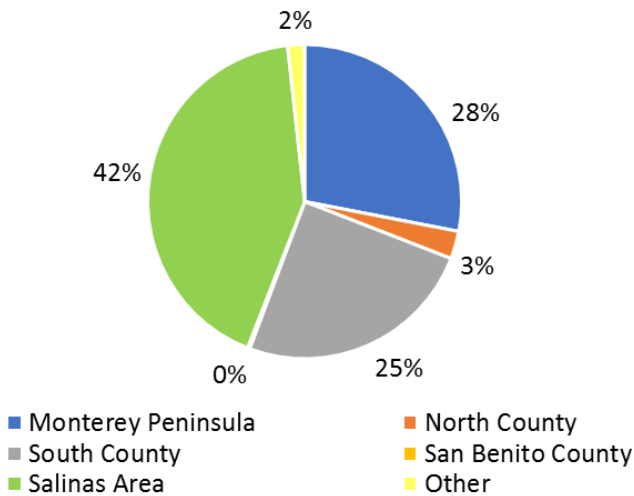
Outpatient Referrals



DRIVING UNDER THE INFLUENCE

The DUI program's leadership has set high standards for the work being performed and its impact on the program's clients. The personable staff whose dedication to providing clients motivational support, flexibility within the program and encouraging the goal of self-betterment is crucial to the DUI Program's continuing successes.

Client Residence Area




We proudly educated 2,624 clients in our Driving Under the Influence program.

AVERAGE DUI CLIENT

477 
18 - 24 yrs

1,211 
25 - 45 yrs

857 
46 - 64 yrs

79 
65+ years

92% of clients indicated that they had 'almost always or usually' learned useful information.

96% of clients surveyed reported that they were always treated with dignity and respect during their involvement with Sun Street Centers.

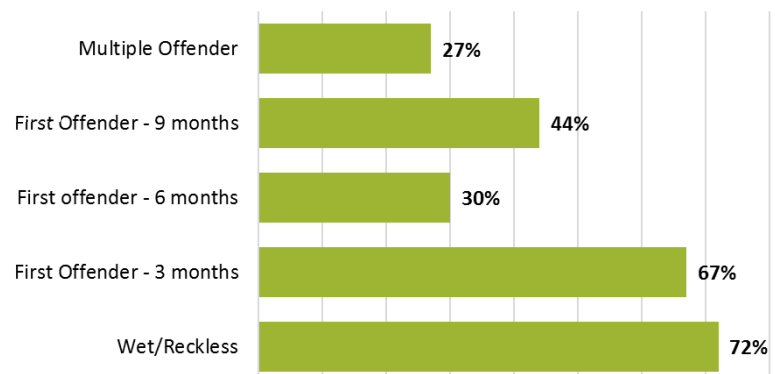
97% of clients surveyed reported that the overall evaluation of the program was very good to excellent.

Two audits were performed which produced only 3 deficiencies.

(45 deficiencies are allowed per site in Monterey County). A deficiency is when county or state auditors find a protocol or process out of compliance.



Successful Completion Rates



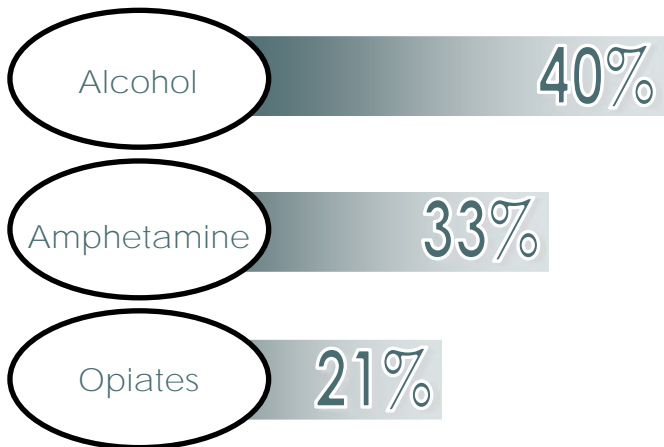
MEN'S RESIDENTIAL

Our CARF-accredited, state-licensed recovery program provides a supportive environment for men seeking a life free from the devastating effects of drug and alcohol addiction. Certified counselors and recovery participants incorporate the principles of Social Model recovery, which utilize a peer-oriented, mutual help system that views the participant as a student, not a patient. Residents attend 12-step meetings, get a sponsor, take personal responsibility for their own recovery and learn about the disease of addiction through evidence based Matrix curriculum.

We proudly served 321 clients in our
Men's Residential program.

158 men successfully completed the
program.

Top 3 Preferred Substances



*Usage prior to recovery

Residents participate in training programs and other services that promote self-sufficiency for themselves and their families which are provided by community agencies, organizations, and individuals at no cost to individual or agency.

Natividad Hospital—Doctors
(informational classes tours)
VA Health Clinics
(information on VA benefits and services)
Access Support Network
(Hep. C/HIV testing)
Salinas Valley Memorial Hospital
(TB Testing)
Charlie Atilano
(mindfulness)
MILPA
(Prop. 47 education)
Clinica de Salud
(health check-ups)

Residents Volunteer Activities:
Residents volunteer their time and help the
community as part of their treatment/
recovery plan.

Salinas Rodeo
Salinas Airshow
Laguna Seca (Porsche)
Relay for Life
Food & Wine Festival
Chinatown Outreach
Meals on Wheels
John E. Steinbeck Library



40 residents obtained employment



70 homeless men
entered Men's
Residential
program,
50% completed the
program.



Residents volunteered a total of 2,648 hours back to their community.

WOMEN'S RESIDENTIAL

This state-licensed recovery program located in Downtown Hollister provides a supportive environment for single women and women with small children seeking a life free from the devastating effects of drug and alcohol addiction. Certified counselors and recovery participants incorporate the principles of Social Model recovery, which utilize a peer-oriented, mutual help system that views the participant as a student, not a patient. Residents attend 12-step meetings, get a sponsor, and take personal responsibility for their own recovery.



We proudly served 31 clients in our Women's Residential program.

85% success rate.

80% of women stated that their close relationships have improved a lot since entering the Women's Residential program.

100% best describe their mental health status as having a positive attitude and working on their issues (with help).



Special thanks for supporting Women's Residential Program Scholarships Recognition

Toyota Dealer Match Program

Carla S. Caballo-Ciolino

Wells Fargo Corporate Foundation

Teichert Foundation

Salinas Toyota—Scion Hyundai

United Way of San Benito County

Carol Lenoir

Community Foundation for San Benito County

12 Days of...

& 2 Anonymous donors!

Residents received support from outside agencies:

Pacific Scientific
(yard work)

Gavilan College
(educational groups)

Hartnell College
(internship)

Monterey Peninsula College
(internship)



SOBER LIVING ENVIRONMENTS

Sun Street Centers' Sober Living Environment (SLE) is committed to insuring a safe, clean, structured recovery environment, and dedicated to providing supportive and affordable sober living. Our program is structured to implement everything our residents have acquired in treatment, through the twelve step recovery process. Safety, Sobriety, Cooperation, Peace, and Cleanliness are the five main rules of each sober living environment.



Women's SLE in Salinas	18 clients
Women's SLE in Hollister	21 clients
Men's SLE in Hollister	34 clients

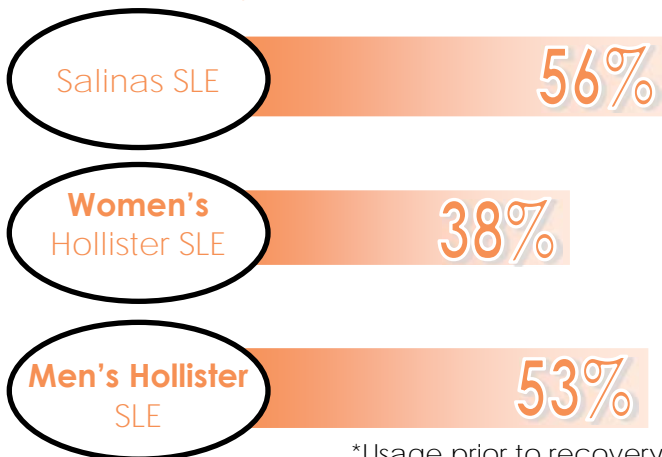
92% of Women's Hollister SLE stated that if they had another SLE choice, they would still come to Sun Street Centers.

The majority of the men strongly agree that the services they received here have been helpful and has helped them improve relations with their family members.



Top Preferred Substance:

Amphetamine (Meth)



*Usage prior to recovery

Total Beds per Sober Living Environment

Women's SLE in Salinas	12 beds
Women's SLE in Hollister	9 beds
Men's SLE in Hollister	6 beds



SOBERING CENTER

The Sobering Center is the first program of its kind in Monterey County. It functions as an alternative to a jail stay in the event of a non-violent intoxicated individual who has been arrested for driving under the influence or intoxicated in public.

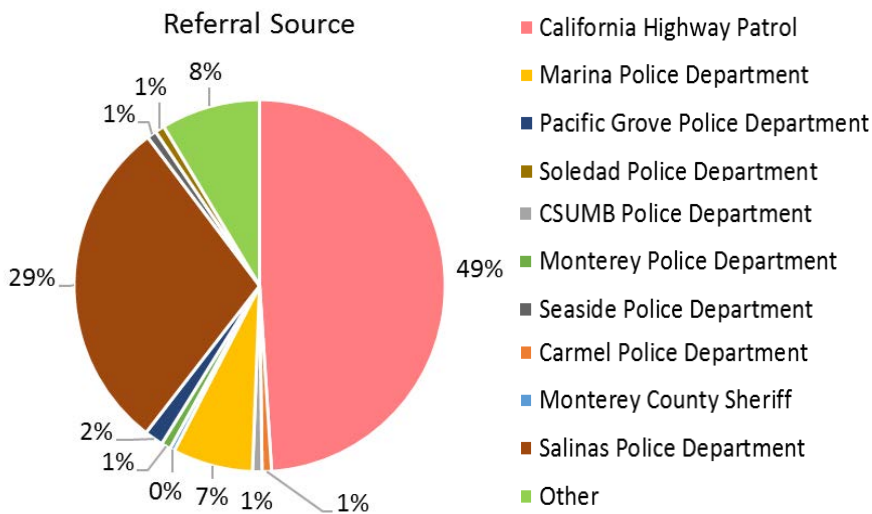


We proudly served **254** clients in our Sobering Center program for public intoxication and DUI, reducing the risk of harm to the community.

94% of clients reported that they were often treated with dignity, respect and the staff

97% of clients reported that the overall evaluation of the Sobering Center was very good to excellent.

100% of clients reported that the site was clean and comfortable.



Diversion Criteria

Eligibility Requirements:

- Ages 18+
- Non-combative and agreeable
- Have a measurable BAC
- Be verbally responsive, able to communicate
- No severe medical conditions
- Referrals from Law Enforcement only (no self-referrals / walk-ins)

80% accepted referrals to other places:

Monterey County Behavioral Health
Law Enforcement
Whole Person Care
Sun Street Centers
& other Community Agencies

Sobering Center

- 10-bed facility in Salinas city center
- Thursday-Monday, on-site staff, including:
 - Recovery Specialist & Medical Assistant
 - Serving both men & women

PREVENTION | PENINSULA

Dedicated to building healthy and safe communities, the Prevention Centers provide a variety of services to community members and their families, in order to build awareness and promote action toward resolving community health problems relating to drug and alcohol abuse. Programs and services vary at each center.

We proudly served 4,650 people in our Peninsula Prevention program.

96% of people served in Peninsula Prevention were ages 0-17 years old.

Peninsula Prevention partnered up with Dual Language Academy of the Monterey Peninsula to present anti-bullying campaign, Pink Shirt Day, to students.



Responsible Beverage Service Training

This program is certified by the State Alcohol Beverage Control (ABC) to provide Responsible Beverage Service Training to reduce liability. We had the opportunity to train servers from
Sunset Cultural Center
Quail Lodge & Golf Club



87% of students in our Life Skills Training program reported they don't drink or use at all now after being asked how the Life Skills Training has changed the amount of drugs and alcohol they use.

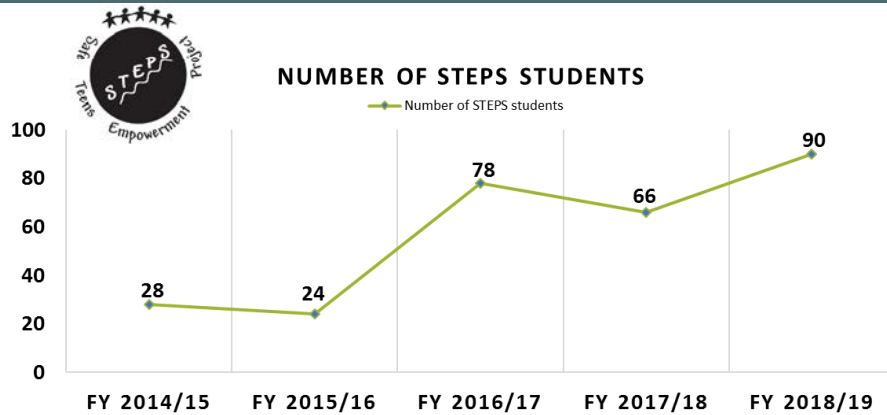
2,101 students were served through our Gateway Drug presentation which covers the physical/mental effects that gateway drugs (alcohol, tobacco, marijuana and prescription drugs) have on the developing teen body.

Partnerships

Del Monte Community Center
Pacific Grove Community School
Carmel Boy Scouts
California State University of Monterey Bay
Carmel High School
Dual Language Academy
International School of Monterey
Marina High School
North Monterey County High School
Walter Colton
Monterey High School
Pacific Grove Middle School



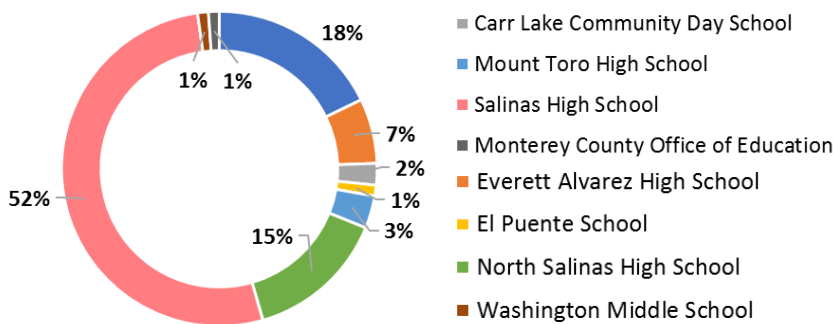
PREVENTION | SALINAS



4x From Fiscal Year (FY) 2014/15 to FY 2018/19, the number of STEPS students almost **QUADRUPLED!**



STEPS School Representation



12 parent groups went through our evidence-based program, Life Skill Training, with an **84%** completion rate.

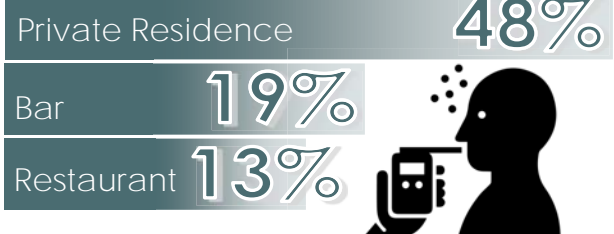
100% of parents reported the Life Skills Training to be somewhat important to very important in their life.

We proudly served 2,230 people in our Salinas Prevention program.



Salinas Prevention Department has collected Place of Last Drink Surveys from clients in the DUI Program.

The survey was designed to capture information useful to identify top 3 places where clients consumed their last drink prior to their DUI arrest.



PREVENTION | SOUTH COUNTY

We proudly served 3,599 people in our South County Prevention program.

64% of people served in South County Prevention were ages 0-17 years old.

1,982 people were served through community outreach and resource fairs.

474 students were served through our *Substance Abuse and Bullying presentation.*

183 students were served through our *Gateway Drug presentation.*

118 parents were served through our *Gateway Drug Presentation.*

48 parents successfully completed our *Parent Life Skills Training program.*

48 middle school students

94 high school students

Were trained in Life Skills Training

Locations for Life Skills Training

Soledad High School

Pinnacles High School

Main Street Middle School

Fairview Middle School

King City High School

Portola Butler High School

Greenfield High School



Preventing Alcohol Related Trauma in South County (PARTS) Coalition

DEA National Prescription Drug Take Back Day

South County Prevention & South County Law Enforcement collected

161lbs in October 2018
& 96.6lbs in April 2019
of unused Rx Drugs.



proyouth



MONTEREY COUNTY BEHAVIORAL HEALTH
Avanzando Juntos
Forward Together



South County Newspapers
Your Hometown News

King City Roster • Greenfield News • Soledad Bee • Gonzales Tribune

SOUTH MONTEREY
COUNTY JOINT UNION HIGH SCHOOL DISTRICT



PREVENTION | ROAD TO SUCCESS

The Road to Success is pre-diversion program for youth, first time offenders of crimes. Diversion plans are developed in collaboration with the student, their parents and a case management specialist with the goal of offering a path to success through education, community involvement, Life Skills Training, counseling and employment.

We proudly served **69** youth in our Road to Success Youth Pre-Diversion program with **47** successfully completing the program.



Youth Satisfaction Questionnaire

75% of youth graduates reported that the overall evaluation of the program was very good to excellent.

97% of youth graduates reported they agree to strongly agree that the program is helpful.

94% of youth graduates reported that the services helped improve relations with family and friends.

Early Intervention

- Assessment of individual needs, warm referrals to outside agencies, individual counseling, & recreational activities with incentives
- Evidence-based training that addresses youth drug abuse & co-occurring psychological, situational & life skills deficits
- Close communication with school regarding attendance & grades.

Parent Satisfaction Questionnaire

94% of parents noticed an improvement in their child's attitude or behavior.

100% of parents agreed that the program was beneficial to them and their family.

100% of parents would recommend the Road to Success program to others.

