

SUN STREET CENTERS

PARTS Coalition Newsletter

January— March 2018

Preventing Alcohol Related Trauma



Tobacco Free Kick-Butts Day

(March 21, 2018) Children learned about the dangers of tobacco use through activities and games Wednesday as a part of Kick Butts Day at the Cesar Chavez Library in Salinas.

The event in Salinas, part of a nationwide movement that had more than 1,000 similar events across the country, was hosted by Sun Street Centers' Safe Teens Empowerment Project members, an after-school program for high school students.

"Today we're out here to hopefully show a little awareness on being tobacco free. It's important to reach out to the younger kids so they know the dangers of tobacco," said Teresa Alvarez, student council leader for STEPS.

According to the press release by Tobacco Free Kids, the goal of Kick Butts Day is to push towards creating the first tobacco-free generation.

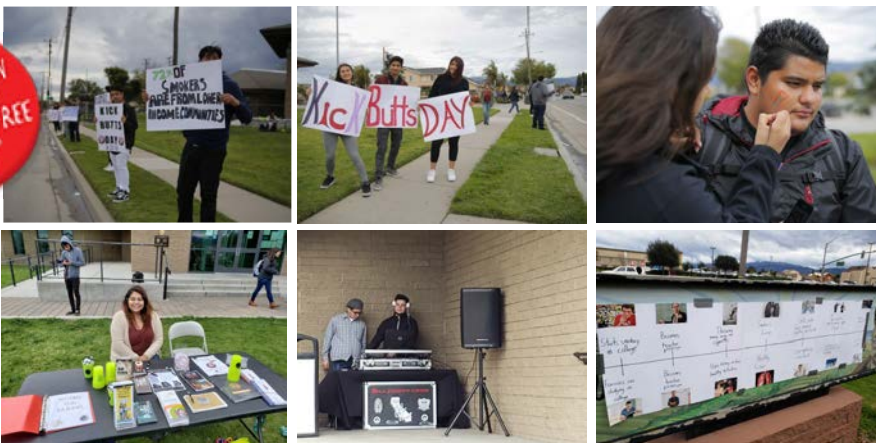
The smoking rate in the country among high school students has dropped by 71 percent since 2000, but the use of tobacco is still the number one cause of preventable death in the United States, claiming 480,000 lives each year, according to the press release.

For full story, check out TheCalifornian.com



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Soledad High School

South County Prevention Team created a 3-day Gateway Drug Presentation series which was presented to over **20** parents on how addiction works, what a gateway drug is, and how these drugs affect your mental and physical state.

Part 1: Marijuana & Legalization

Part 2: Prescription Drugs & Opioid Epidemic

Part 3: Alcohol and Vaping



Parent presentation at Soledad High School

Juntos Podemos Community Forum: El Arte del Bienestar

(January 27, 2018)

STEPS volunteered throughout the event which focused on the importance of healing through art. Also, STEPS had a table where they gave out information about drugs and alcohol.



STEPS at Juntos Podemos Forum

Alisal High School Health Fair

(February 14, 2018)

Prevention staff attended Alisal High School Health Fair which highlighted the importance of making healthy decisions such as avoiding risky behaviors, eating healthy, and staying active.



Staff spoke to over 130 youth about substance abuse

Community Education

Harden Middle School

Gateway Drug
Presentation
10 Parents

Everett Alvarez High School

Gateway Drug
Presentation
21 Parents

Alisal High School

Gateway Drug
Presentation
269 Youth

El Sausal Middle School

Gateway Drug
Presentation
31 Parents

El Sausal Middle School

STEPS facilitated
Gateway Drug
Presentation
8 Parents



STEPS facilitate Gateway Drug Presentation.

Youth Diversion The Road to Success

27 South County first time offenders have been completing their service hours by being involved in

- Building projects at Greenfield Science Workshop
- Assisting coaches and being time keepers for local YMCA.

Also, youth were introduced to local colleges such as Hartnell College and California State University, Monterey Bay (CSUMB). Next month the students will visit California Polytechnic State University (Cal Poly).



'I am not a replacement'

Tobacco kills 1,300 Americans every single day.

According to tobacco industry documents, they aggressively market their products and seek "replacement smokers," specifically teens.



#NotAReplacement

anti-bullying
**PINK
SHIRT
DAY**
02.28.2018

*Almost 1 in every 3
students in 6th to 12th
grade have been victims
of bullying.*



North Monterey County High School students standing against bullying.



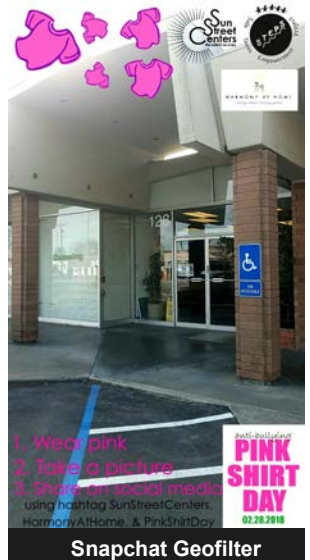
Pink Shirt Day encourages people to speak up, stand together, and stop bullying.

THE CHANGE STARTS WITH YOU!



Prevention staff educated the community on the different types of bullying, how it affects peers, and how students involved in bullying (bully victim or bully) are at high risk of mental health problems, drug abuse, or other risky behaviors.

- Prevention Staff from the Peninsula spoke to 150+ students who pledged to stand up to bullying from North Monterey County High School.
- Prevention staff from Salinas spoke to students who pledged to stand up to bullying from Alisal High School Health Corps and created a PSD Snapchat Geofilter for Salinas Prevention Office.



Recognizing Our Own



Jane Mitchel has been an active Peninsula PARTS member for 4 years. She has been dedicated to preventing alcohol and substance abuse by attending community events, supporting our youth efforts, reporting back to other PARTS members with current Alcohol, Tobacco, and Other Drugs (ATOD) information, and having a consistent attendance to our monthly meetings.

Thank you for your partnership.

"I got involved with PARTS as I recognized it had the same goals I have which are to reduce drug use throughout Monterey County and teach youth the truth about drugs so they make informed decisions when the opportunity arises to take or not take drugs or alcohol. I truly appreciate the networking and learning about other activities happening on the Peninsula. That has allowed me to be much more involved in community activities"



STEPS in South County are proud to announce that in addition of having now four paid STEPS, meeting at the South County Prevention Office in Soledad , we will begin to hold STEP (Safe Teen Empowerment Program) meetings on Monday's at Greenfield High School starting March 26. Students were given the opportunity to sign up ahead of time to show their interest in the program.



Marijuana Awareness Month

(02/2018) STEPS on the Peninsula bringing awareness about marijuana by hosting a booth with information about Marijuana and having community members take a Marijuana Pledge.

PARTS Coalition Community Board

Prescription Drug Take Back

Prevent drug abuse and theft by ridding your home of potentially dangerous expired, unused, and unwanted prescription drugs. The service is free and anonymous, no questions asked.

Date: April 28th, 2018

For more information:

<https://www.montereysheriff.org/dea/>

PARTS Coalition

Want to make a difference? Sun Street Coalitions are looking for new members. New members welcome!

Contact: Gina Marin P: 831-753-5150

STEPS Youth Program

Drug and alcohol prevention program for teens 14-18 years old

Prevention Department

(Salinas, Seaside and South County)

P: 831-753-5150

Alcohol Awareness Month

Each April since 1987, the National Council on Alcoholism and Drug Dependence, Inc. (NCADD) has sponsored Alcohol Awareness Month to increase public awareness and understanding, reduce stigma and encourage local communities to focus on alcoholism and alcohol-related issues.

Contact Us

Give us a call for more information about our services and products

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facebook.com/sunstreetcenters



MONTEREY
PENINSULA
FOUNDATION



Here for Good
Community Foundation
for Monterey County

Nancy Buck Ransom Foundation



PARTS Coalition Mission

Our mission is to prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.