



# Program Evaluation

## QUICK FACTS

PROGRAM EVALUATION BY JACK HARPSTER ED.D., SUMMARY BY JULIA FOSTER

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***Sun Street Centers prevents alcohol and drug addiction by offering education, prevention, treatment and recovery to individuals and families regardless of income level.***

# Program Evaluation

## Quick Facts

### Inter-Agency Collaborations



A very large number and variety of agency collaborations were undertaken last year. Through these cooperative activities, Sun Street Centers not only shares its resources and expertise with other agencies, it also receives comparable, low-cost/high quality support from them and, thereby, expands its ability to serve its own clients. The number of collaborations were nearly equal between For-Profit (68) and Non-Profit (65) agencies. The overall number of collaborations decreased by about 16% this last year (-54), with the greatest reductions seen in Non-Profit collaborations (-26). However, there were more collaborations with For-Profit (+17) and State Government (+13) agencies in 2013-14.

This report is a summary of the annual program evaluation prepared by Jack Harpster, Ed.D. and aims to provide a brief and succinct overview of the impact and program activities of each of the services offered through Sun Street Centers.



Sun Street Centers' mission is to prevent alcohol and drug addiction by offering education, prevention, treatment and recovery to individuals and families regardless of ability to pay. To do so, Sun Street Centers provides services through five major programs throughout Monterey County: Driving Under the Influence (DUI) classes, Outpatient Recovery Services and Counseling, Men's Residential Treatment Program, Family Recovery at Pueblo del Mar, as well as county-wide prevention activities.

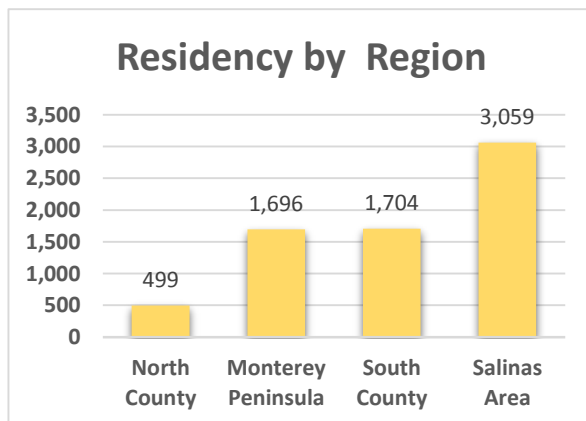
### OUR PROGRAMMATIC ACHIEVEMENTS

- ◇ Served a total of 7,053 clients during the last fiscal year
- ◇ Collaborated with a total of 280 entities
- ◇ Received over 10,000 hours worth of volunteer time

### OUR CHALLENGES

Although we expected the move from the King City office to the Soledad office to have an effect on our prevention work, we served about 1,000 clients less this year than we did in the previous year.

### AGENCY-WIDE DATA



The total number of clients served by the Agency in 2013-14 was substantial, totaling over 7,000. Nearly all of Sun Street Centers' clients were served through two departments: DUI and Prevention (88%), with DUI edging out Prevention as the department with the most clients this year. The three other departments provide recovery programs that are intentionally small (3% each) in order to maximize the impact of their therapeutic environments.

## DID YOU KNOW?

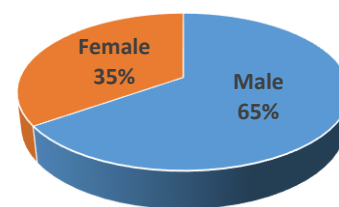
*During the last fiscal year, Sun Street Centers provided a total of*

*20,000 hours of community education*

*on alcohol and drugs to youth, parents, teachers, clients and colleagues.*

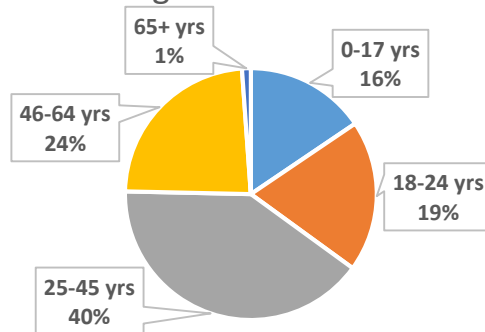
The largest group of clients this year resided in the Salinas Area (43%), with clients from the Peninsula and South County evenly split at 24%. A relatively small percentage of all clients (13%) reported income below the poverty level, overall, and the Prevention department accounted for three-quarters of those clients (76%). Department rates varied considerably.

## Gender



■ Male ■ Female

## Age Distribution

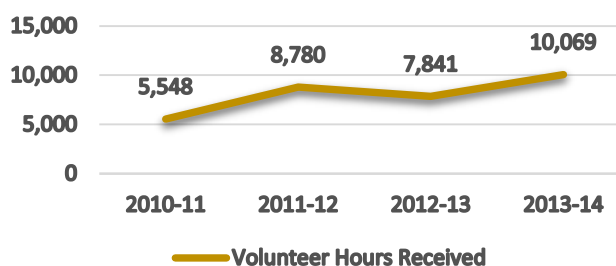


■ 0-17 yrs ■ 18-24 yrs ■ 25-45 yrs ■ 46-64 yrs ■ 65+ yrs

Current year Gender rates, overall, show a considerably higher proportion of male clients (65%), but department ratios vary a great deal. Clients were generally older this year, with adults between 25-45 years of age comprising the largest age group (40%), followed by those in the 46-64 year age group (24%). Slightly more than half of the Agency's clients (54%) were of Hispanic/Latino ethnicity, followed by Caucasian/White (30%).

## SPECIAL HIGHLIGHT

### Community Outreach: Volunteer Hours



Sun Street Centers' staff and clients provide a wealth of human resource support to the community and to Agency programs. The reported volunteer hours are reasonable estimates of the actual time spent, and only the hours donated by low-income clients' were reported for Community Action activities. While the total number of volunteer hours was about the same this last year, hours donated to Agency Activities increased significantly from prior years and, conversely, those for Community Action Activities were reduced. Nonetheless, it is quite clear that staff and clients are giving generously of their time and talents to a host of Agency and community-based projects. Moreover, they have been doing so for several years.

# DUI Program



This is a stock photo and does not depict any of Sun Street Center's clients or staff.

## CLIENTS ATTENDING THE DUI PROGRAM

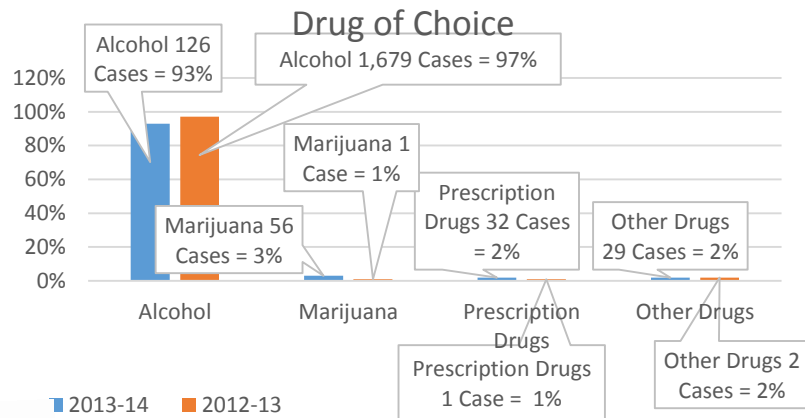
*come from all walks of Life and live all over the County.*

Our demographic client data mirrors census data for Monterey County. Last year, the average client was a male between the ages of 25 to 45 who had received a first offense for driving under the influence of alcohol.

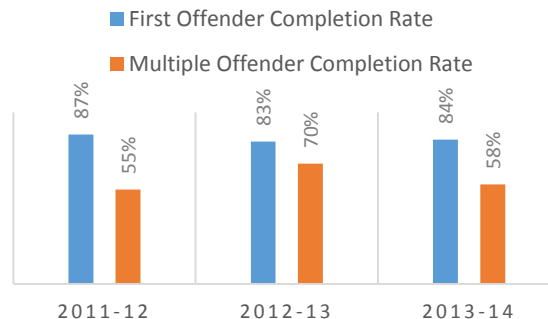
DUI department leadership set high standards for the work to be performed and its impact on the department's clients. Overall, the quality of the educational and group process components of the program is high, and nearly all clients report gaining useful, relevant information in the program. The number of audited deficiencies in the department's administrative procedures continues to meet or exceed the desired standard. The successful completion rate was high again this year at 77%, but failed to meet the new standard of 85%. Client groups in the less severe Offense categories showed the highest completion rates. Because of staff support and encouragement, a significant percentage of prior year clients who were terminated returned to complete their programs successfully.

Clients are extremely positive toward the program, its staff, and the benefits they are able to receive and apply in their lives. The numerous improvements in the quality of the educational/group process component and internal management procedures have produced noticeable gains in program quality. The overall result is an elevation in the program's current and planned effectiveness.

Late in 2012-13, department leadership began collecting data on the type of substances used/preferred by clients at the time of arrest. For 2013-14, 93% of all DUI clients reported being under the influence of alcohol only.



## CLIENT SUCCESS RATE



The outcome standard for this AR (percentage of successful completions) was increased from 70% to 85% in 2012-13. This year, 1,366 clients completed their programs for an overall success rate of 77%. This rate falls below the standard and is about 2% lower than the year before. The completion rate has averaged around 78% over the last three years. The highest successful completion rate was attained in the "Wet/Reckless" group (94%), followed by the "First Offender-3 months" group at nearly 86%. These two groups represented 71% of the total number of clients completing the program. The success rate in the remaining three groups declined as the Offense severity increased, concluding with a 58% rate for the "Multiple Offender" group.

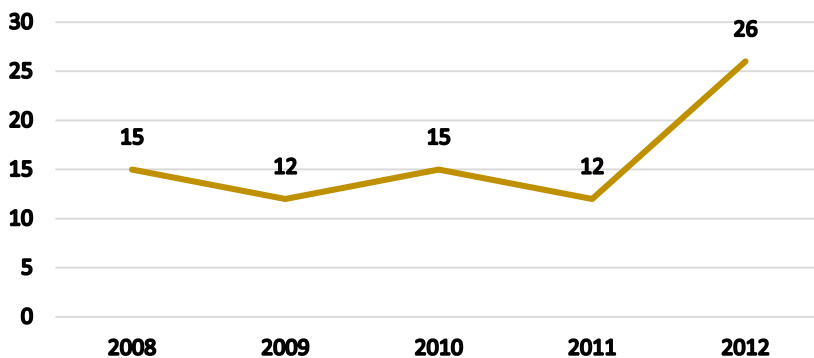
# 2014 Impact Summary

## DUI

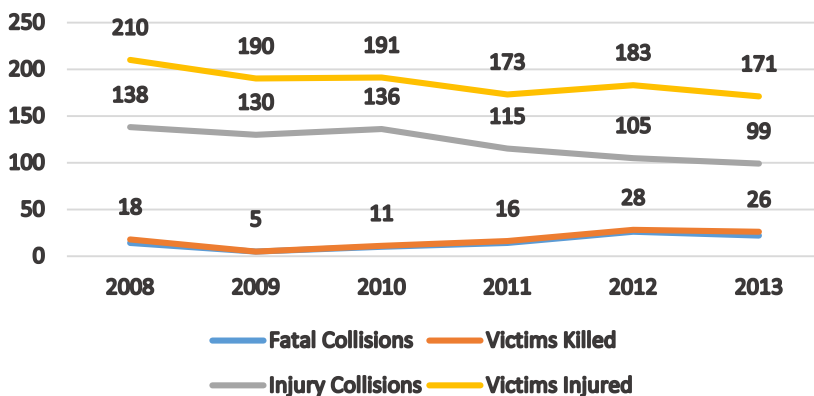


## How do Our Outcomes Relate to Long-Term Success?

**Total Collisions Involving DUIs in Monterey County**



**Collision Types Involving DUIs in Monterey County**



Data from the California Highway Patrol regarding vehicle collisions involving DUIs in Monterey County show that, over the last six years, an average of 136 such collisions occurred per year. Approximately 13% of those collisions (17) involved the death of a victim. The data show a significant downward trend over those six years in the number of DUI Collisions and the numbers of those collisions in which individuals were injured. Fatal collisions increased over that time period, however.





# Family Recovery Program at Pueblo del Mar



This is a stock photo and does not depict any of Sun Street Center's clients or staff.

This year, the

## **AVERAGE CLIENT FOR THE FAMILY RECOVERY PROGRAM AT PUEBLO DEL MAR**

was a single-mother between the ages of 25 and 45 with two or more children between the ages of 0-5 who came from Salinas or the Peninsula.

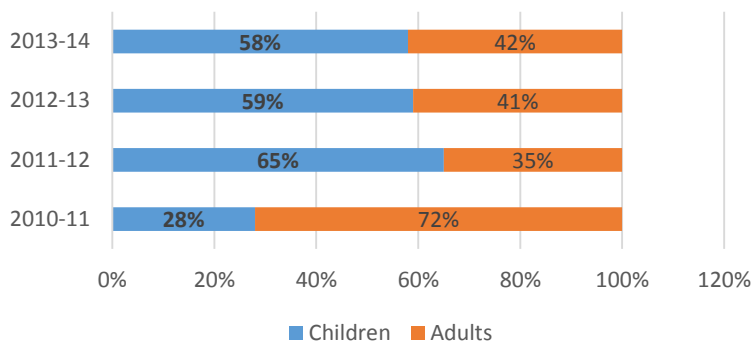


This is a stock photo and does not depict any of Sun Street Center's clients or staff.

Department leadership set high standards to be achieved in both the work to be performed and in the impacts of that work on the clients. Overall, staff have effectively engaged the community in providing financial and service support to the program. Resident recruitments yielded nearly full occupancy rates. Residents have consistently accomplished program standards at a high rate, and are very positive about their improved health and interpersonal relationships. The Evaluation process has improved substantially over the last four years. Residents are extremely positive toward the program and the gains they have made in residency.

The number of children and youth served this year (141) increased by 16 over the prior year, with the greatest increase seen in children ages 5-10 years (+11). On a very positive note, and as a specific indicator of sub-outcome (b), 100% of the children supervised by the Monterey County Family and Children's

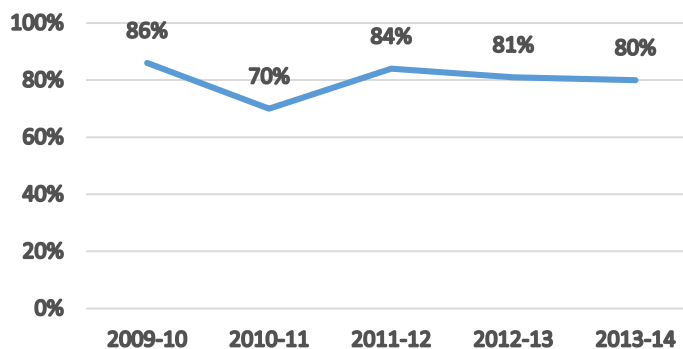
### Adult Clients vs. Children



Services department (35) were reunified with their families during the year. The number of FCS children in PDM decreased by 2 this year. The number of families served this year (88) increased by 11 over the prior year, and 76% of those families completed the program successfully.



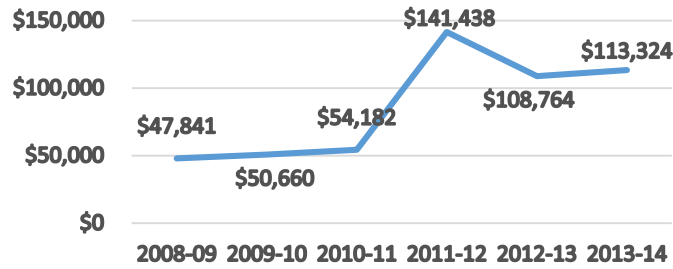
### Successful Program Completions



PDM is a long-term program (taking up to 2 years to complete) in which clients must proceed through an extensive series of personal and family-improvement tasks. The Anticipated Result was exceeded again this year with an overall adult completion rate of 79.6%. 49 of the 104 adults served this year were available to complete the program, and 39 successfully did so. The remaining 10 left because of non-compliance with program requirements. The target rate of 70% has been met or exceeded in each of the last five years, and exceeded 80% in three of those years.



### Value of Goods and Services Donated



The number of donors for 2013-14 (36) nearly doubled from the prior year (20), although the total value of donated goods and services increased only slightly (+\$4,560). This smaller increase is due to the lowering of the hourly rate used in calculating the value of donated services this year. As a result, the overall value per client served this year was down \$47 to \$463 per client.

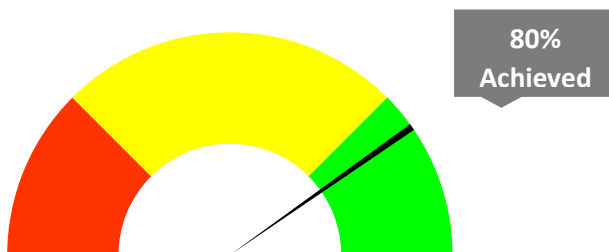
## 2014 Impact Summary

### Family Recovery at Pueblo del Mar

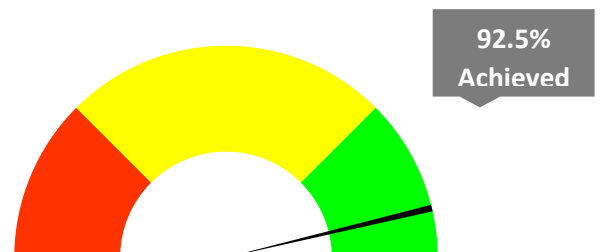


### How do Our Outcomes Relate to Long-Term Success?

#### Improved Physical Health



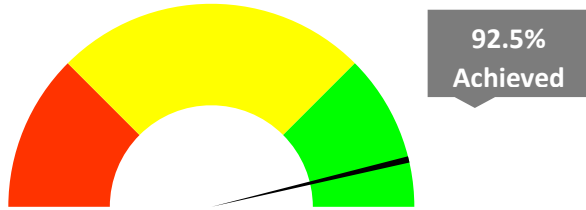
#### Improved Mental Health



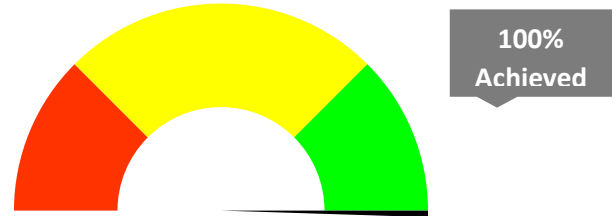
The Anticipated Result was attained again in 2012-13. 61 surveys were distributed and returned (100% return rate) from all adults in residence at the time of the survey administration. Residents perceive themselves to be in good physical health and they see themselves as responsible about caring for their health needs. 97% had no major health problems or were under a doctor's care. Clients are quite positive about their mental health status and their close relationships: 96% indicate they have a positive attitude and are able to work through interpersonal issues that arise, and 97% report that their relationships have improved and are very good since becoming a Resident.



## Improved Relationships



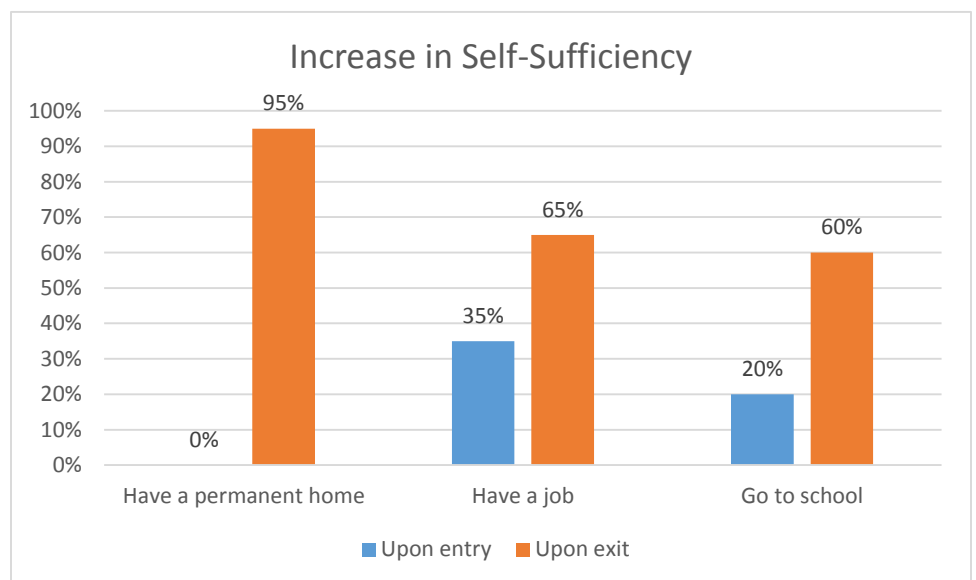
## Families Reunited



Residents have consistently accomplished program standards at a very high rate, and are very positive about their improved health and interpersonal relationships.

## ***SPECIAL OUTCOME HIGHLIGHT***

As part of their program goals, clients are encouraged to find permanent housing, go back to school to finish their GED or higher education or obtain a job to increase self-sufficiency. Last year, 95% of the program graduates had found permanent housing, 65% had obtained a part-time or full-time job and 60% were going to school to further their education.



# Men's Residential Treatment Program



This is a stock photo and does not depict any of Sun Street Center's clients or staff.

This year, the

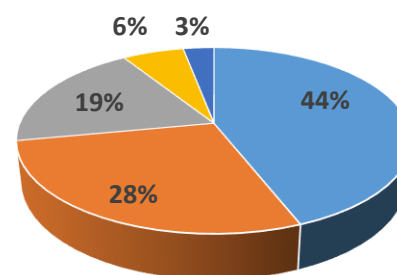
## AVERAGE CLIENT FOR THE MEN'S RESIDENTIAL TREATMENT PROGRAM

was a male  
between the ages  
of 25 and 45 who  
lived in Salinas  
with alcohol as his  
drug of choice.

Outcome standards in nearly all Result Areas were met this year and overall Program results were improved over the prior year. Indicators of Residents' growth and well-being were all attained at a high level, despite many prior obstacles to their success, and Alumni who completed the survey report ongoing healthy and effective lives. Measures of program efficiency, including accessibility, occupancy levels, Residents' fee payments, and outside agencies' in-kind support to the program, improved this year and met desired target rates, as well. However, Residents' completion rates fell below the target level again this year, although not by much, and an organized support program for graduates failed to materialize again. Overall current Residents perceive the MR Program quality to be very high, and they have personally received numerous health and interpersonal benefits as a result of their participation in the Program.

Of the Residents available to complete this year, the largest group (44%) indicated that alcohol was their preferred substance (i.e., "drug of choice") prior to entering the MR program. Following closely were amphetamines (28%) and opiates (19%). The percentage identifying Alcohol increased by 6% over the prior year while rates for

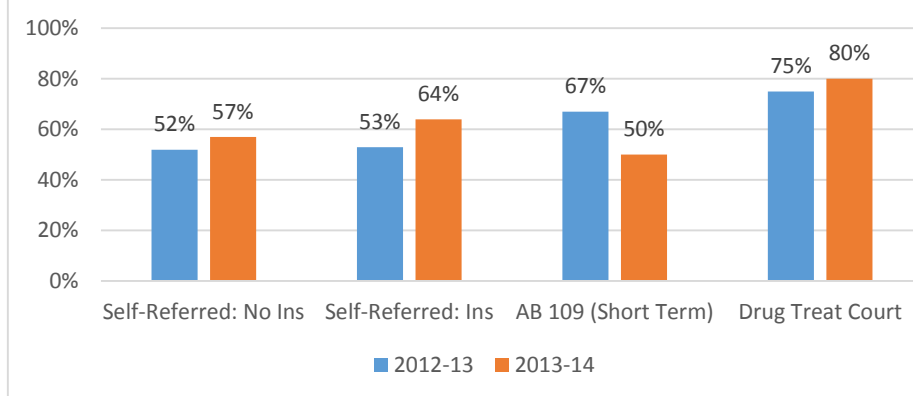
Drug of Choice



■ Alcohol ■ Amphetamine ■ Opiates ■ Cocaine ■ Cannabis

the other two declined by similar amounts. Rates were similar for those Residents completing the program.

Graduation Rates by Referral Source

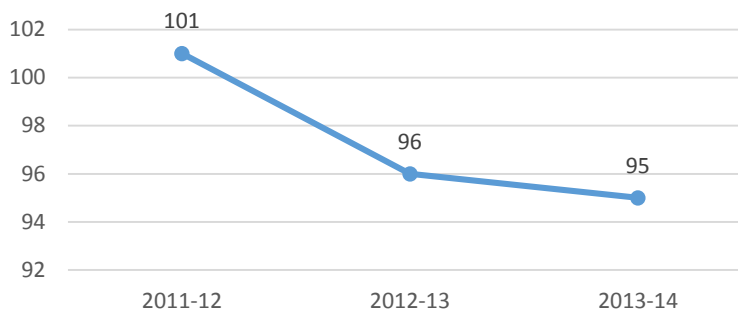


Since last year, we have been able to increase the graduation rate for self-referrals without insurance from 52% to 57% and for self-referrals with insurance from 53% to 64%. Additionally, graduation rates for Drug Treatment Court referrals increased by 5% to 80% this year. The only decrease in graduation rates we experienced this year has been with AB109 short-term referrals which dropped from 67% to 50% this year. Overall, graduation rates are considerably higher than the national average which shows that it doesn't matter *how* clients came to enter the program but *what* they did once they had entered.

***Did you know?***

***Total completion rates over the last five years have averaged slightly more than 62%, well above the national norm of 38%.***

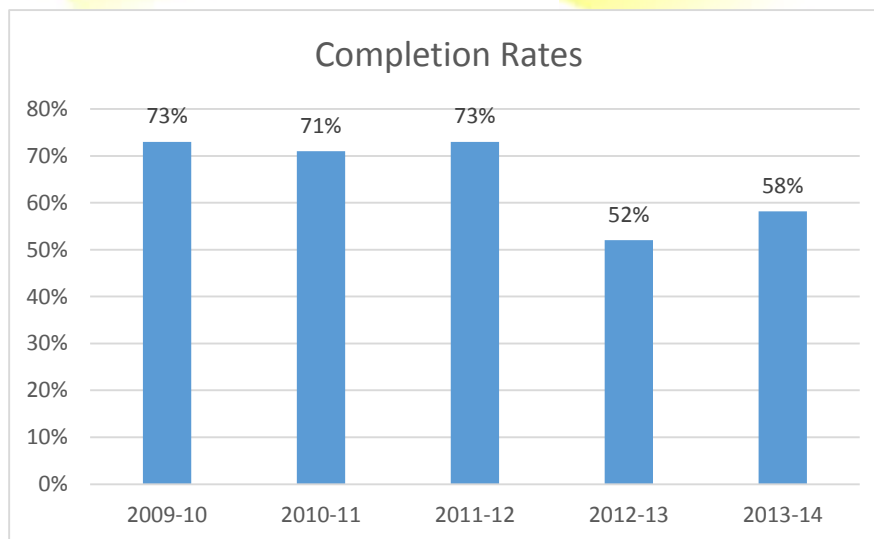
Days to Completion/Graduation  
(Longterm Program)



As the graph from the last three years shows, clients in the Men's Residential Program have become faster at graduating the program. Program graduation is defined as residents consistently fulfilling all conditions of the FOUR BASICS, which are:

1. Maintain continuous, sustained sobriety
2. Regularly attend AA/NA meetings and meeting with their sponsor
3. Demonstrate commitment to working and/or receiving a steady income
4. Pay their own way

## ***SPECIAL HIGHLIGHT***



The rate of successful completions attained this year by Long Term Residents (58.2%) fell short of the desired level of 65%, although it is 6% higher than the prior year. Short-Term Residents completed their programs at about the same rate (57.1%). The completion rate for ALL Residents (58.1%) is an increase of over 3% from the year before. Total completion rates over the last five years have averaged slightly more than 62%, well above the national norm of 38%.

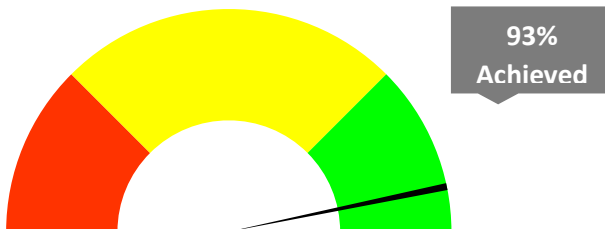
# 2014 Impact Summary

## Men's Residential Treatment Program

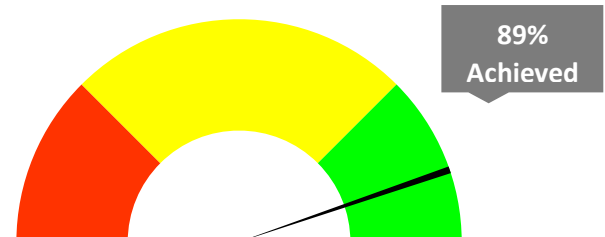


### How do Our Outcomes Relate to Long-Term Success?

#### Improved Physical Health

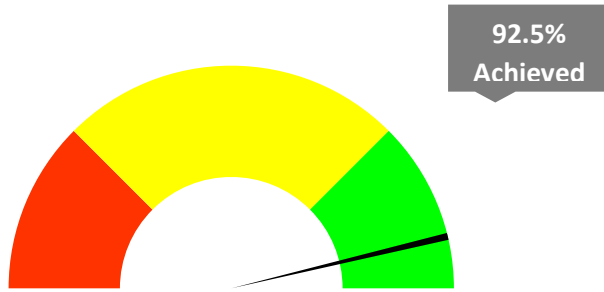


#### Improved Mental Health

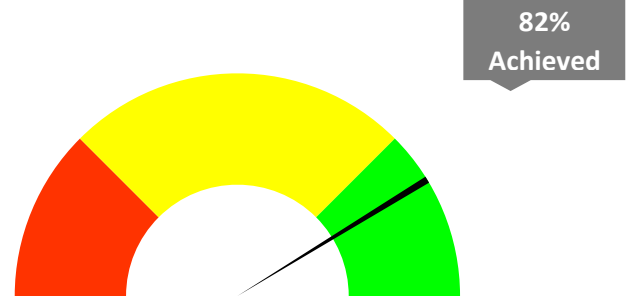


93% report no physical health issues and/or issues under control, and 89% report positive mental health status. Clients also reported important changes in their outlook on life. Nearly all clients (93%) indicated they had learned something useful about themselves in their process group and two-thirds reported having learned a great deal. A very high percentage (88%) felt the information they received in the program was valuable enough to share with family and friends. Clients also identified key strategies for staying “clean and sober”, including using the tools they learned in the Program (26%), attending AA/NA meetings regularly (14%), abstaining (10%), avoiding alcohol/drug people and situations (10%) and staying positive (10%).

## Improved Relationships



## Stable Housing

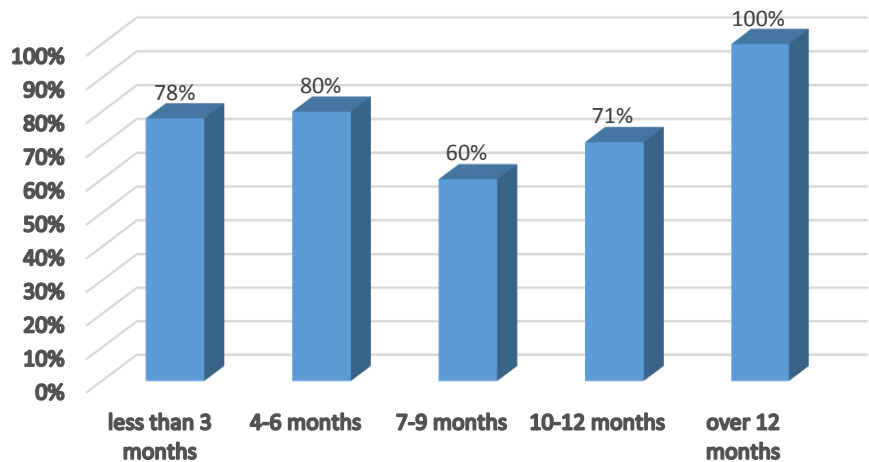


This target outcome was attained again this year. 94% of Residents report significant improvements in their relationship since becoming a Resident, and 82% report that their close relationships are good at the present time. About half (46%) plan to return to their pre-program residence, but many have no plans to obtain stable housing, yet. As an indicator of the severity of clients' issues, nearly half of the surveyed Residents (49%) had participated in one or more recovery programs before joining the MR program this year, down 7% from the year before.

## ***SPECIAL OUTCOME HIGHLIGHT***

Of the 61 Alumni who returned surveys, 35 (58%) reported having graduated more than 12 months prior to the survey date. Of that group, 100% reported maintaining sobriety since graduation. Of the 26 with less than 12 months since graduation, 73% reported full sobriety during that time. 78% of those with less than 90 days since graduation report full sobriety. Nearly all (99%) report attending AA/NA meetings regularly, and nearly two-thirds (63%) indicate attending meetings

### Percentage Sober since Graduation



up to 6 times per week. All Alumni report stable housing situations. 98% report good physical health and/or health situations being treated, and over two-thirds (67%) report a positive mental health status. 96% report that their interpersonal relationships have improved since graduation, and 98% indicate that their close relationships are somewhat or very good at the present time.

# Outpatient Recovery Services



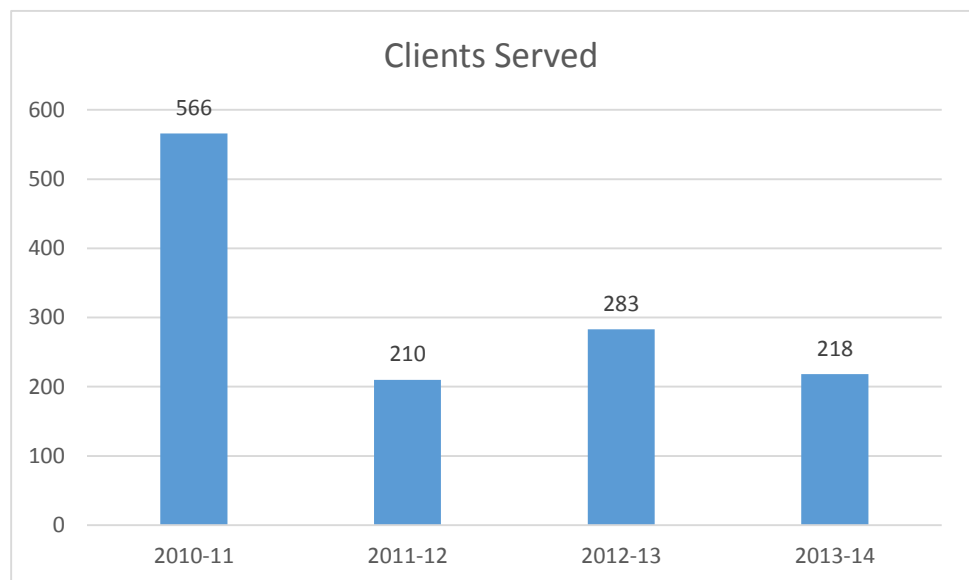
This is a stock photo and does not depict any of Sun Street Center's clients or staff.

This year, the

## **AVERAGE CLIENT FOR THE OUTPATIENT RECOVERY SERVICES PROGRAM**

Was of Hispanic origin and between the ages of 25 and 45. They also lived in Salinas and reported alcohol as their drug of choice.

In 2013-14, the Total Number of Clients Served decreased significantly from the prior year, it fell markedly below the five year average, and it reversed the upward trend seen in the four prior years. The rate of Successful Completions failed to reach the 55% target rate again this year, a level attained only once in the last five years. Clients report significant improvements in their physical and mental health status because of the program, but the target satisfaction rate of 90% was not reached. An administrative reorganization this year improved the department's data collection results, but problems with lack of data and improper procedures continued again this year. Revenues increased significantly as a result of improved administrative oversight and increases in the number of Private Insurance clients. Clients' levels of satisfaction with the quality of the ORS program and their treatment by staff easily exceeded target rates again this year. Overall, the department has made substantial progress in achieving both of its Goals.



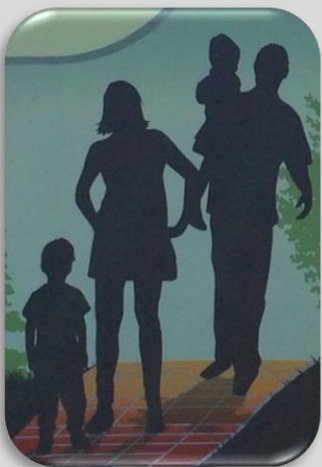
A total of 218 clients were served by the department in 2013-14, a reduction of 28 clients (-10%) from the year before. Nearly all of ORS clients are referred and funded by the Monterey County Criminal Justice system through the MC Behavioral Health department and self-payments. In 2013-14, 185 of the Total Clients Served were Criminal Justice clients (85%). The remaining 33 clients were funded through Private Insurance (15%). There were 82 fewer Criminal Justice clients in 2013-14 (-29%), but the number of Private Insurance clients increased by 17 (6%) over the prior year. The total of 218 Clients Served this year fell significantly below the five year average of 259 clients, reversing the upward trend seen across those previous years.



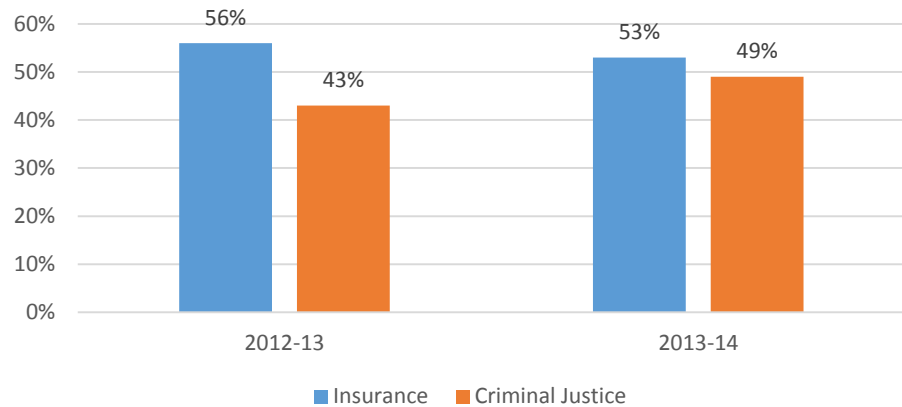


Did you know?

**88%** of our counseling clients report that they actively share the information they learned in our classes with their families and friends.



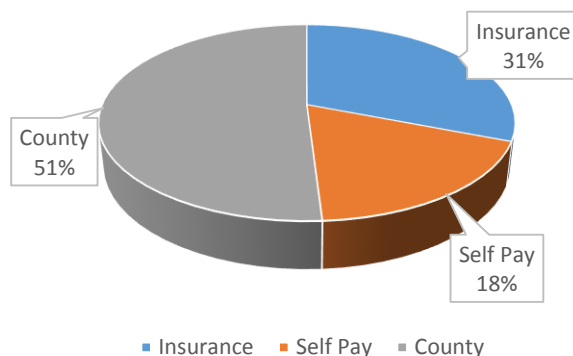
### Program Completions by Referral Source



All ORS clients proceed through a structured, individualized treatment plan. Department leadership report that Criminal Justice clients typically receive a total of 32 group sessions held two times per week. Private Insurance clients typically participate in 4 sessions per week for the number of weeks allowed in their policy. However, objective data on the actual amount of Time to Completion were not collected again this year. The overall target completion rate of 55% was not reached again this year. At 45.0%, it was down only slightly from the prior year (45.8%). The success rate for Criminal Justice clients fell by nearly 3% to 43.4%. The average of the combined completions rates over the last five years (47.4%) is well below the desired level of 55%. The target rate was met or exceeded only in 2009-10 (56.5%).

### ***SPECIAL OUTCOME HIGHLIGHT***

#### 2013-14 Payment Breakdown



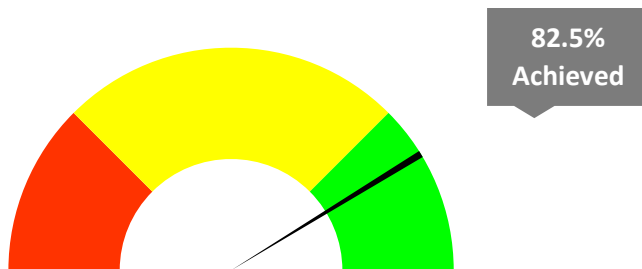
This year, Self-Pay Income was included in the Criminal Justice category. ORS income data for this year show combined payments from Criminal Justice and Private Insurance sources exceeding \$81,000, an increase of about \$30,000 over last year (despite serving 74 fewer clients). The overall average payment more than doubled to \$388 per client. Revenue increases this year were the result of improved collections procedures for Criminal Justice clients and having served a larger number of higher rate Private Insurance clients than last year.

# 2014 Impact Summary

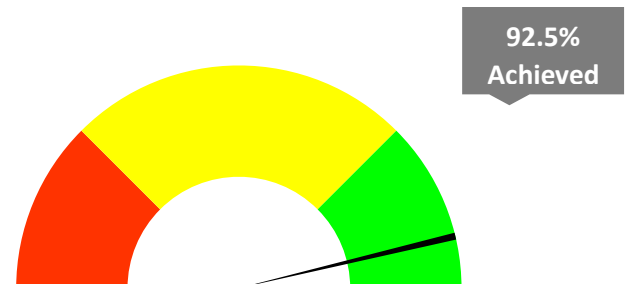
## Outpatient Recovery Services



### Improved Physical Health

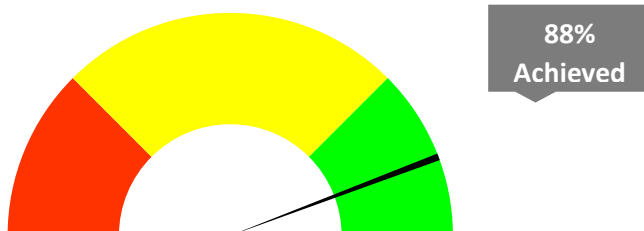


### Improved Mental Health



While 100% of surveyed clients state that their physical health has improved a little or a lot since starting the Recovery program, only 62% indicated that it had improved a lot. Likewise, 100% indicate that their mental health has improved, but 72% reported that it had improved a lot. In both categories, the percentage of clients indicating a lot of improvement is laudable, but fails to meet the target rate of 90%.

### Improved Communications



Clients also reported important changes in their outlook on life. Nearly all clients (93%) indicated they had learned something useful about themselves in their process group and two-thirds (65%) reported having learned a great deal. A very high percentage (88%) felt the information they received in the program was valuable enough to share with family

and friends. Clients also identified key strategies for staying “clean and sober”, including using the tools they learned in the Program (26%), attending AA/NA meetings regularly (14%), abstaining (10%), avoiding alcohol/drug people and situations (10%), and staying positive (10%).

# PREVENTION SERVICES



This is a stock photo that does not depict any of Sun Street Centers' clients or staff.

This year,

## The AVERAGE CLIENT IN THE PREVENTION PROGRAM

was a Hispanic youth between the ages of 0-17 or a Hispanic parent between the ages of 25-45 years old from either Salinas or South County. Gender was almost evenly distributed with boys/men having a slight majority.



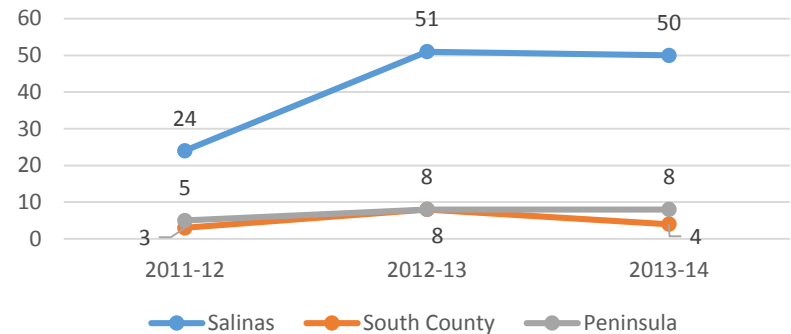
This is a stock photo that does not depict any of Sun Street Centers' clients or staff.

The Prevention Department, as a whole, provided services to 2,974 clients in 2013-14, a loss of over 1,000 clients from the year before. The department client total represents 42% of those served by the Agency, nearly 90% of all the children and youth, and almost 60% of the Agency's clients from South County. Within the department, about one-third of its clients were children and youth (32%), over two-thirds were of Hispanic ethnicity (68%), and nearly all had incomes below the poverty level (90%). Most of its clients resided in the Salinas area (37%), followed closely by South County (34%).

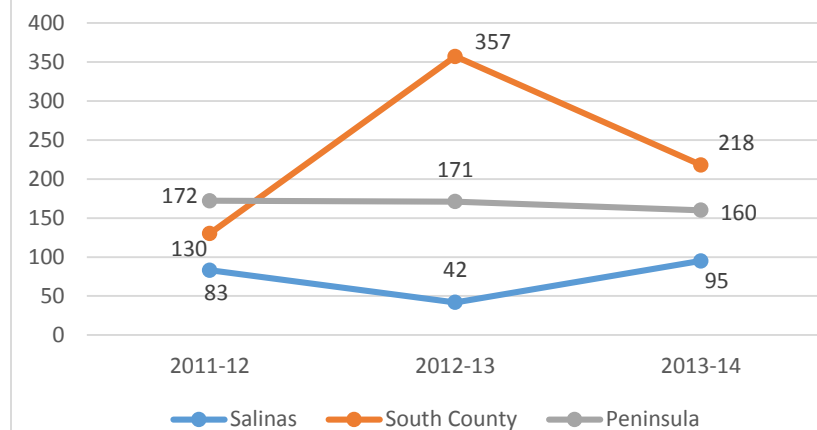
The Safe Teen Empowerment Project (STEPS) is a leadership program for students aged 14-18 that serves a total of over 4,000 individuals annually through presentations, community activities, and advocacy events to address the onset of alcohol and drug use by minors, and the population-level attitudes towards drinking and using. Together with the paid staff, they are the driving force

behind Sun Street Centers' Prevention activities. While recruitment numbers for the Peninsula and South County have remained stable over the last two years, Salinas experienced a marked increase in STEPS students after the program was specifically marketed to parents.

## STEPS Students



## # of Students trained in LST by Region



The **South County Region's** target of 4 LST student trainings for middle and high school levels was exceeded with the completion of 16 trainings: 13 middle school and 3 high school and continuation programs. A total of 218 students received trainings, exceeding the target of 80 students, but only 139 of the enrolled students completed the 10 week course (64%), missing the target rate of 90%. In **Salinas**, the target of 2 LST parent trainings was exceeded this year with 3 middle school and one high school training. A total of 95 students were enrolled, but only 61 completed trainings (64%). Nearly all students completed the pre/post surveys which indicate that the target rate of 90% satisfaction and intent to use content was met. The **Peninsula Region's** target of 4 LST student trainings for middle and high school levels (each) was exceeded with the completion of 10 trainings: 6 middle school and 4 high school and continuation programs. A total of 160 students received trainings, exceeding the target of

## Life Skills Training Take- Aways for Students by Region

1. Self-Esteem
2. How to communicate with others

### Salinas

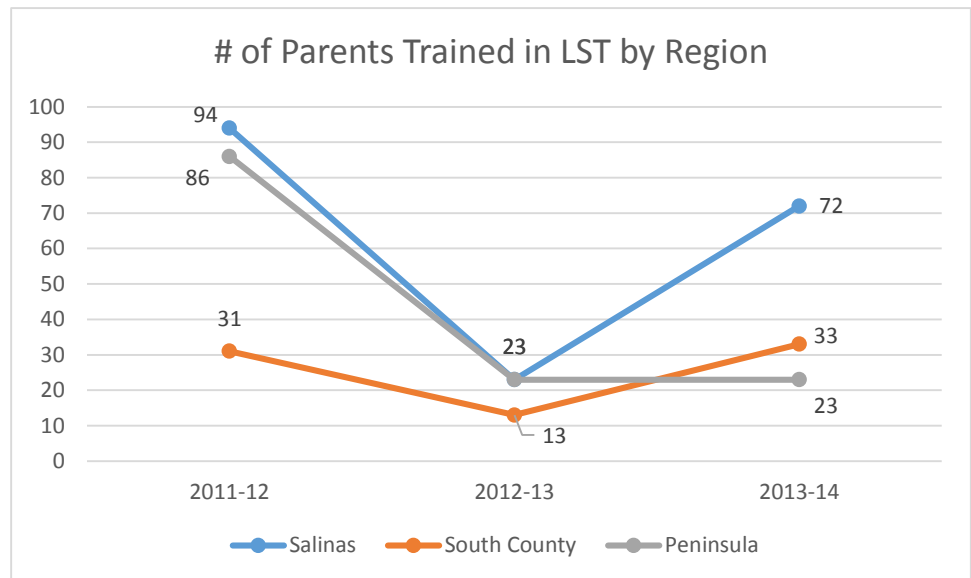
1. Don't do drugs
2. Be responsible for my actions

### Peninsula

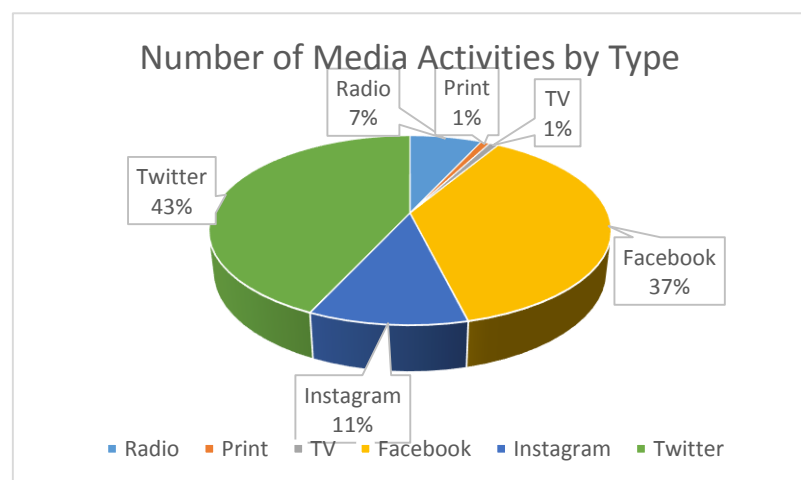
1. Look at my future - Education
2. Respect Others

### South County

80 students, but only 86 of the enrolled students completed the 10 week course (54%), missing the target rate of 90%.



The **South County Region's** target of 4 LST parent trainings for middle and high school levels was not reached. One parent training was conducted: 1 middle school and no high school and continuation programs. A total of 33 parents received trainings, exceeding the target of 20, but only 12 completed the 10 week course (36%), well below the target rate of 90%. In **Salinas**, the target of 2 LST parent trainings for middle and high school levels was met, all at the middle school level. 86 parents received and completed trainings, exceeding the target rate of 90%. This year, the **Peninsula Region's** target of 4 LST parent trainings for middle and high school levels was not reached. Two parent trainings were conducted: 1 middle school and 1 high school and continuation programs. A total of 23 parents received trainings, exceeding the target of 20, but only 11 completed the 10 week course (48%), well below the target rate of 90%.



A media plan was created by staff and STEPS this year that included print and electronic media, social networking, and neighborhood meetings. All phases of the plan were implemented during the year. The greatest media activity by the STEPS was seen on Twitter with a total of 100 tweets, followed by a total of 87 posts on Facebook and 25 posts on Instagram. The STEPS also had a total of 16 radio and 2 Television appearances, as well as 2 print publications.

## Life Skills Training Take- Aways for Parents by Region

1. How to  
Communicate  
with my Kids

2. To Value Our  
Kids

### Salinas

1. How to  
Communicate  
with my Kids

2. Dealing with  
Defiant Children

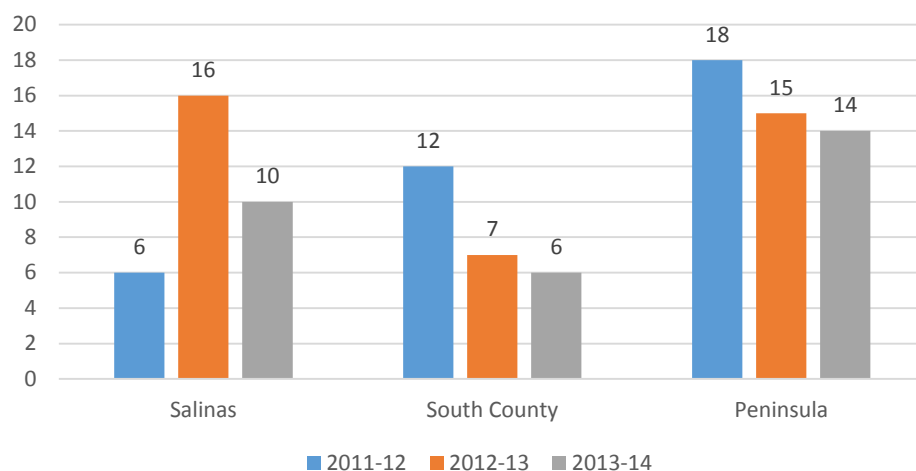
### Peninsula

1. How to  
Communicate  
with my Kids

2. Alternatives  
to Discipline

### South County

RBS Trainings by Region



In South County, outcome targets for the number and type of presentations were generally met or exceeded again this year. Six (6) trainings were conducted, 55 clients were certified, and all clients reported high/very high satisfaction levels. However, no “Place of Last Drink” presentation was conducted. This Activity has been fully attained each of the five prior years, and has been substantially completed again this year. In Salinas, all outcome targets were exceeded again this year with 10 trainings that produced 56 certifications with 100% client satisfaction. This Activity has been well received by the community and targets have been fully attained each of the last five years. On the Peninsula, outcome targets for the number and type of presentations were met or exceeded again this year. 14 trainings were conducted and 122 clients were certified. However, client satisfaction results were not reported, and no “Place of Last Drink” presentation was included in the data. This Activity has been fully attained each of the five prior years, but fell a little short this year.

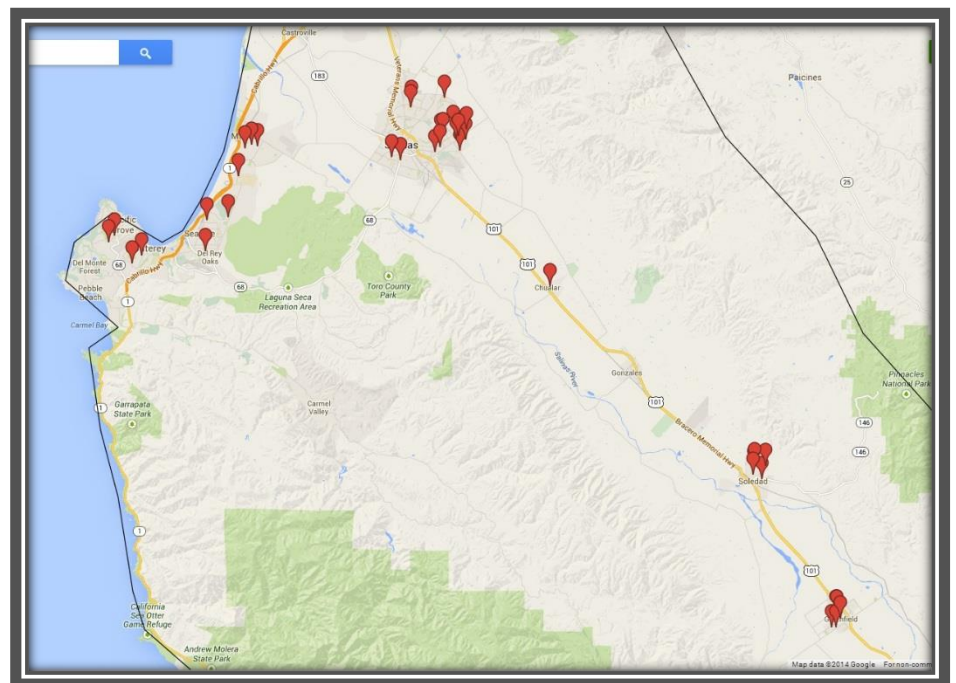
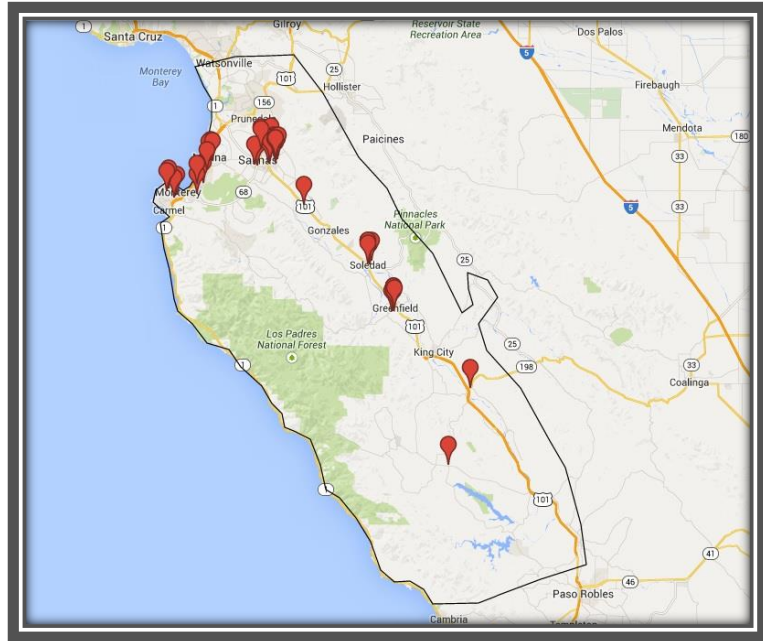
### *Did you know?*

*The Prevention Department provides **Gateway Drug Presentations** to an average **1,076 individuals each year**, including students, parents and teachers!*



## ***Where do we provide prevention classes and presentations in Monterey County?***

These impact maps have a marker in each geographical location that prevention staff offered Gateway Drug Presentations or Life Skills Trainings to students, parents, teachers or community members during the last fiscal year. In total, we offered classes and presentations to 39 schools last year from Pacific Grove along the 101 corridor all the way to Lockwood, CA. A close-up of the map shows a concentration of efforts along the coast, as well as East Salinas, Greenfield and Soledad.



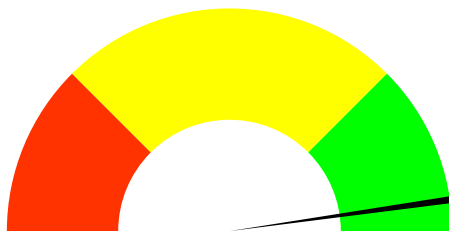


# 2014 Impact Summary

## Prevention Department

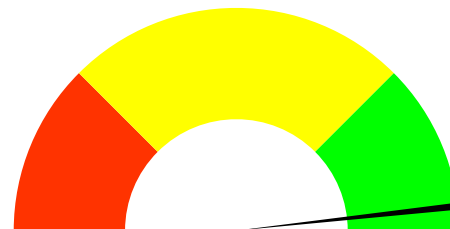


### Stopped Engaging in Risky Behavior



95%  
Achieved

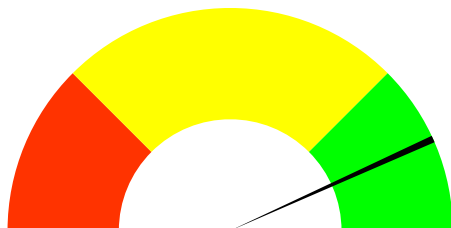
### Stopped Interest in Gang Activities



96%  
Achieved

These results are the compilation of all three regions, individual achievement rates vary. Salinas outcome rates are the highest, followed by Peninsula. South County outcomes are generally lower but have also been increasing over time. The percentage of students reporting no involvement in gangs increased from 89% to 96% with regional differences between South County, Salinas and the Peninsula. Overall, 95% of students reported to have stopped engaging in risky behavior.

### Stopped Drinking or Using Completely



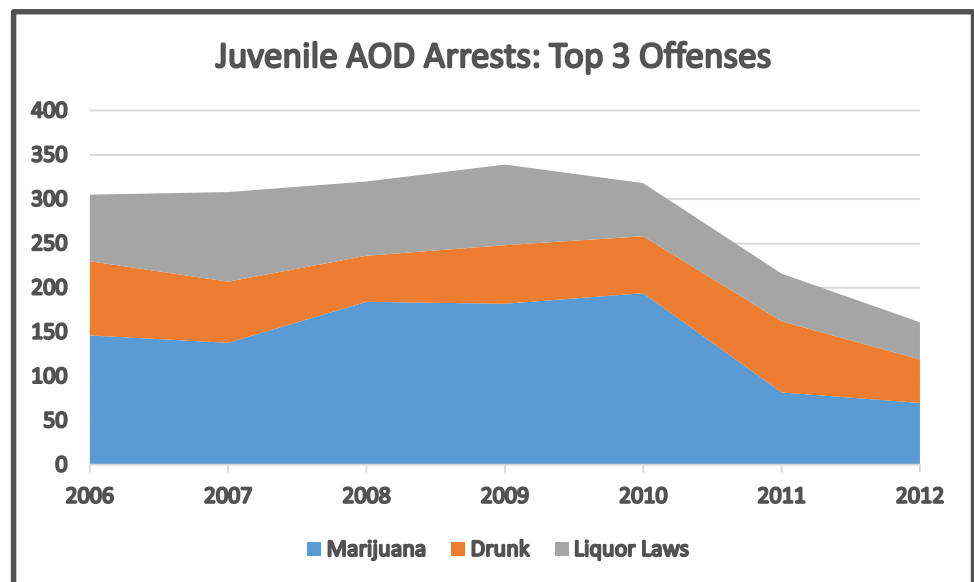
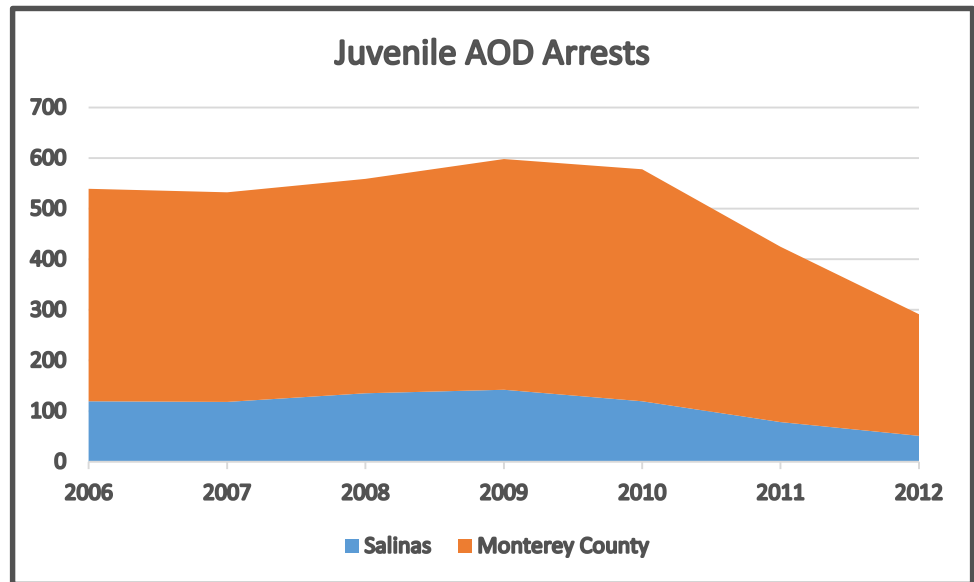
86%  
Achieved

86% of the completing students felt they had learned useful material in the class and, as a result, reported that they do not drink or use at all now. Primary learning outcomes differed slightly by region. Students in **South County** learned to think more about their future and focus on their education, students on the **Peninsula** learned not to take drugs and students in **Salinas** learned to have more self-esteem.

Students also learned to be alert to the dangers of using drugs/alcohol, to respect others and to think about their actions. 66% of completing students indicated that the course had changed the way they act now: they see themselves as in control of themselves (25%), more responsible (18%), and more confident (15%).

# How do Our Outcomes Relate to Personal Long-Term Success and Population-Level Change?

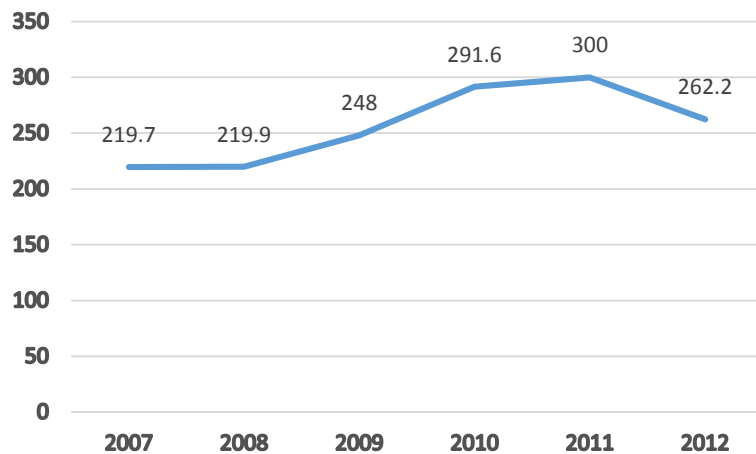
Data collected by the California Department of Justice on juvenile AOD arrests from 2006 through 2012 show a significant decrease (-57%) in Salinas youth arrests and a similar drop in countywide rates (-43%). The top juvenile offenses over the seven years all were use/possession of marijuana, being drunk, and violating liquor laws. All rates decreased by 40% or more over the seven year period. Data are collected by the CHP on Monterey County vehicle collisions from 2008-2011 involving alcohol, drugs, and DUIs for all age groups. These data show a significant reduction in the total number of collisions, the number of fatalities, and the number of injuries for collisions involving alcohol. Decreases in the total number and the number of injuries are seen with collisions involving drugs.



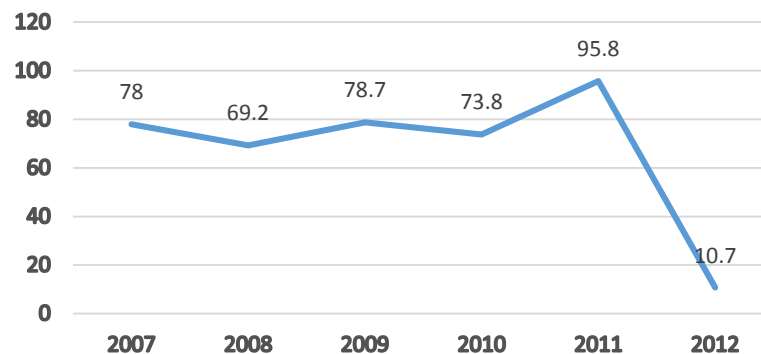
## ***SPECIAL OUTCOME HIGHLIGHT***

Data collected by the California Department of Public Health on Alcohol and Drug related emergency room visits and in-patient hospitalizations for youth (age 0-17) show a dramatic reduction since 2011. The data collected include all cases with a diagnosed alcohol or drug condition, whether diagnosed as principal or secondary. As the graphs show, not only have drug and alcohol related visits to the emergency room for youth decreased but in-patient hospitalizations decreased by 87%, a testament to the impact of Sun Street Centers prevention work with youth.

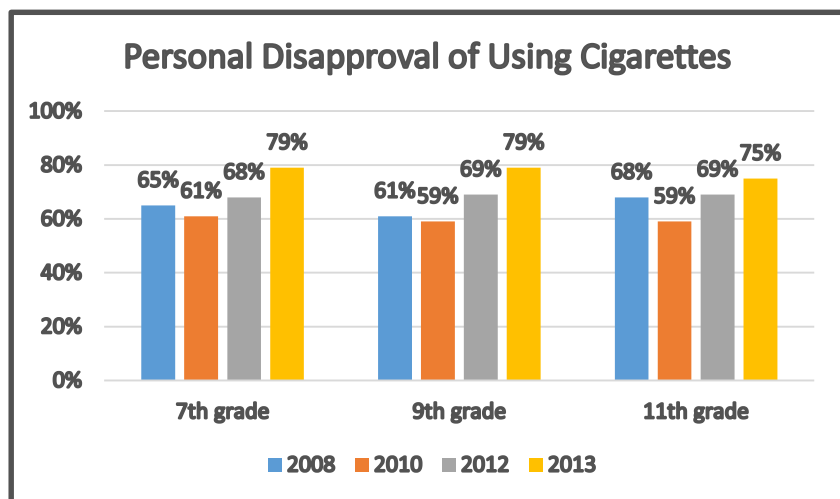
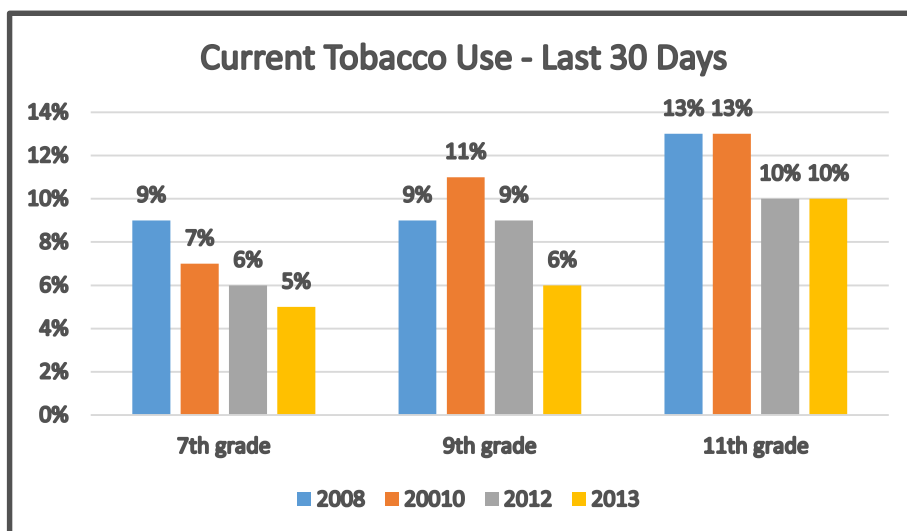
**AOD-related ER visits for Youth (0-17)**



**AOD-related in-patient hospitalizations for Youth (0-17)**



# Youth Tobacco Consumption Trends for Monterey County



Data on youth tobacco consumption and attitudes come from the California Healthy Kids Survey (CHKS) for the Soledad USD, Salinas UHSD and Monterey Peninsula USD for 2006-2013, grades 7, 9 and 11. Rates of actual tobacco usage in the five years of the survey were low, averaging between 7%-11%. Over the years, rates dropped slightly, disapproval of smoking increased and, interestingly, students' perceptions of the harm caused by smoking declined significantly.

