



PARTS



**You're
Invited!**

PREVENTING ALCOHOL RELATED TRAUMA IN SALINAS

NEWSLETTER SEPTEMBER 2011

Sun Street Centers

Prevention Department

Cordially invites you to join us in
thanking PARTS Chair, Vic Collins for
19 years of commitment to
PARTS Coalition

Farewell/Retirement Party for

Vic Collins



**Thursday, September 8, 2011, from
12pm-1:30pm**

37 Central avenue

Salinas CA, 93901

Save the date

What: Walgreens on Sanborn Rd. is
applying for their liquor license, AND the
Salinas Planning Commission is having a
public hearing

When: Wednesday, September 7,
2011 at 3:30pm!

Where: Council Chamber Rotunda, 200
Lincoln Avenue in Salinas

Inside this Newsletter:

⇒ Articles

Parents Creating Solutions

Safe Teens Empowerment Project

We want to hear from you!!

On March 10, 2011, PARTS meeting, we had the opportunity to meet Julia Shrader -Lauinger- (speaker)
from the California Youth Advocacy present information on E-cigarettes and emerging products in
Tobacco! Do you know speakers on Alcohol, Tobacco and other drugs?

Send us your suggestions at bcorona@sunstreet.org

Hookah Use Grows in Popularity Among Young Adults in California

A growing number of young adults in California are using hookahs, researchers at the University of California, San Diego have found. In a new study, the researchers report that among 18-to-24-year-olds, 24.5 percent of men and 10 percent of women use hookahs, or waterpipes, to smoke tobacco.

Overall, 11.2 percent of men and 2.8 of women of all ages report using hookahs, UPI reports. "While cigarette smoking has decreased nationwide and in California, reports of ever using hookah have increased, especially among adolescent and young adults," lead researcher Wael Al-Delaimy said in a news release. He noted that many hookah users incorrectly believe it is less harmful than cigarettes.

The researchers write in the American Journal of Public Health that hookah use increased more than 40 percent in California between 2005 and 2008. Public indoor cigarette smoking is banned in California, but hookah use is allowed in designated lounges. Hookah bars feature water pipes that are used to smoke a blend of tobacco, molasses and fruit called shisha. Researchers say that contrary to the belief of many hookah smokers, the water in the pipe does not filter all the harmful chemicals in tobacco smoke.

Did you Know..?

Health effects of hookah

Infectious diseases:

- ▶ Cancers-oral, lung, bladder
- ▶ Heart disease
- ▶ Tooth & gum disease

Smoking-related diseases :

- ▶ Respiratory viruses-colds & flu
- ▶ Hepatitis
- ▶ Herpis

Parents Creating Solutions

Manteniendo a sus adolescentes libres de drogas: Una guía para las familias hispanas. Patrocinado por la Campaña Nacional Anti-Drogas

Parents Creating Solutions provided a brief guide to actions for parents in Spanish to help them keep their kids drug-free



?Sospecha Que Su Adolescente Esta Consumiendo Drogas o Bebida Alcoholicas?

Suspect your teen is using drugs or driking?

A brief guide to action for parents

¿Qué Señales debe usted buscar? What should you look for?

Cambios negativos en el trabajo escolar: Faltar a la escuela u obtener notas/calificaciones bajas
Use de incienso, desodorante ambiental o perfume para esconder los olores a humo o químicos.
Cambios sutiles en sus conversaciones con los amigos, por ejemplo mas reservado o uso de lenguaje en "clave"
Cambios en su selección de vestuario de vestuario; una nueva facinacion con vestuarios que destacan el uso de drogas.
Uso de gotas para los ojos utilizadas pupilas dilatadas
Cambios en su circula de amistades
Evidencia de accesorios relacionados con las drogas, tales como pipas, papeles para enrollar cigarrillos, etc.
Uso de dulces de menta para cubrir el olor al alcohol
Falta de interes en su apariencia personal
Perdir dinero prestado con mayor frecuencia
Cambios de humor inesperado

If you need a "Brief guide to action for parents in English" please let us know.



STEPS

STEPS –A Program of Sun Street Centers was formed to reduce alcohol related-traffic injuries and death by focusing on teen drinking , drinking and driving, and the initiated alcohol and tobacco use among minors.

STEPS is lead by students representing our local high schools.



S.T.E.P.S. attended the National Night Out event and distributed information to the public.

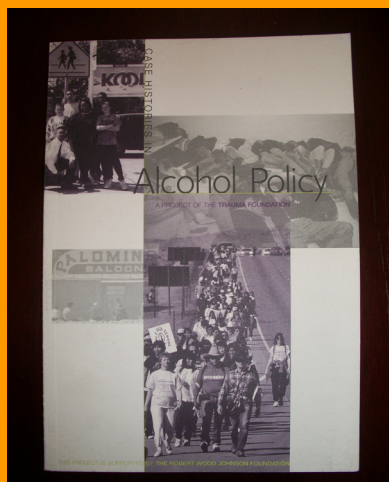


S.T.E.P.S. had a bake sale fundraiser at Safeway on August 1, 2011

Case Histories in Alcohol Policy-

(Was a project of the Trauma Foundation)

A book that presents case histories of seven organizations that have worked to reduce alcohol-related problems from across the country. Sun Street Centers, PARTS (Preventing Alcohol Related Trauma) was one of the seven and Chair, Vic Collins was part of it!



In Salinas, PARTS stopped the construction of a grocery store that would have gained a license to sell alcohol at that location. With 24 other alcohol outlets in the area, PARTS wanted to prevent the grocery store from being the 25th. PARTS succeeded in preventing its construction and had the Children's Services International Mountain Valley Family **Want to learn more about Case Histories in Alcohol Policy?**

Thank You Vic Collins



PARTS meeting & Training



Chair, Vic Collins in 1999



City Council & 8th Annual Turkey Drive

PARTS Coalition Mission

To prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.

Reference: A project of the trauma foundation (2000) *Case Stories in Alcohol Policy*: San Francisco; California Youth Advocacy Network; The partnership at Drugfree.org; The partnership at Drugfree.org; Articles from The partnership at Drugfree.org;