

SUN STREET CENTERS

PARTS Coalition Newsletter

April—June 2017

Preventing Alcohol Related Trauma

National Prevention Week

(May 15th—20th)

Special Thanks to ...

Prescribe Safe Initiative
Monterey County Behavioral Health Bureau
Suicide Prevention Services of the Central Coast
Sun Street Centers DUI Department
National Institute on Drug Abuse
Drug Free World

For contributing to drug and alcohol prevention efforts.

Prevention staff worked with local agencies and different resource websites to make 2 minute videos for each day of National Prevention Week.

In this issue:

- STEPS Outreach
- WYSM Training
- In-One-Instant
- Family Fun Day
- Salinas United Park Clean-Up
- Safe Medication Disposal Sites
- Bulletin Board

April—Alcohol Awareness Month

Prevention Staff and STEPS Youth participated in a Health and Wellness Fair at Alisal High School where they had 132 12th graders pledge to be drug and alcohol free during prom season. The students who pledged, were entered into a raffle for a Starbucks gift card. Prevention also gave out information on Social Hosting, Drunk and Drugged Driving, and the consequences of smoking cannabis.





STEPS Mission: Prevent drug and alcohol usage among minors and reduce alcohol related traffic injuries and fatalities.

Safe Teens Empowerment Project in Salinas conducted an event called "STEPS Orientation" to recruit new students into the program for the summer. STEPS orientation consisted of 22 participants who learned about how to join the program, the benefits of participating and getting involved, followed by ice breakers and an Alcohol, Tobacco and Other Drugs (ATOD) Jeopardy Game.

STEPS Outreach

Harden Middle School 540 Students

La Paz Middle School 360 Students

*Health educator joined Prevention Coordinators in order to reach out to 8th grade students promoting middle school.



New STEPS students working on ATOD Group Training Activity



WYSM Mission: TO REDUCE ACTS OF VIOLENCE BETWEEN THE POLICE AND COMMUNITY.

South County Prevention along with King City High School (KCHS) conducted a WYSM training for 70 high school students.



In-One-Instant Program

(Distracted and Drunk Driving Prevention Program)

Sun Street Centers and Natividad Trauma Center bring *In-One-Instant Program* to the Monterey County to educate youth on the dangers of distracted and drunk driving. *In One Instant* makes distracted, reckless, and impaired driving personal and relevant. By engaging teens on an emotional level, this award-winning safe driving program teaches teens how to stay safe behind the wheel and influence their friends and family to do the same.

IN ONE INSTANT

Teen Safe Driving Program

King City High School

King City H.S. joins Sun Street
Centers and Natividad Trauma
Center to bring awareness about
Distracted and Drunk Driving to

225 high school students.



Students at KCHS

Salinas STEPS and Alza Tu Voz Youth

Radio Bilingue

Radio Bilingue, the leading Latino
public radio network and content
producer for the nation's public
broadcasting system, helps
Sun Street Centers promote
In-One-Instant Program in
Monterey County by conducting a

Radio Interview focused around distracted and drugged driving.

Family Fun Day

Sun Street Centers works with Monterey County Behavioral Health Bureau during Mental Health Awareness Month project, Family Fun Day.

"Monterey County Behavioral Health values the partnership with Sun Street Centers to plan Family Fun Day. The event celebrates Mental Health Awareness Month in May and the STEPS youth have been crucial to promote mental health in the community and engage youth in the planning and volunteering the day of the event. We appreciate the continued collaboration to support our community and give hope to those experiencing mental health challenges." - Elizabeth Ambriz, Chronic Disease Prevention Coordinator



Salinas United "Earth Day" Park Clean Up

Thanks to the City of Salinas, CSUMB, Scott Davis and Gloria de la Rosa; STEPS and Salinas community residents had the opportunity to beautify their local park by being involved in gardening, covering up graffiti, picking up alcohol containers and cigarette butts. Lets keep our parks clean, but above all, drug and alcohol free.







1,050 Cigarette Butts were collected during Park Clean-Up.

What is the best way to get rid of prescription medications?

1.) DO NOT flush down the toilet or pour into sink/bathtub.

(This can cause our water system to become polluted with chemicals from prescription drugs.)

2.) DO NOT crush and dump them in the backyard or on soil.

(Any water running through the soil or garden may sweep through and carry some chemicals into our crops, plants, sewer, and even our drinking water/seafood)

Take the medication to a safe medication disposal site.

(This is the safest, most convenient way to get rid of medications)

New Locations!



Monterey

Community Hospital Pharmacy

23625 Holman Hwy, Monterey, CA 93940

831-624-5311

*No sharps, controlled substances OK

Community Hospital Front Lobby

23625 Holman Hwy, Monterey, CA 93940

831-624-5311

*No sharps, no controlled substances

Safe Medication Disposal Sites: Monterey and Santa Cruz County

For locations in Santa Cruz, Pebble Beach and Pacific Grove visit page: http://www.chomp.org/

Freedom

Walgreens Freedom

1810 Freedom Blvd, Freedom, CA 95019

831-768-0183

*No sharps, controlled substances OK

Marina

Marina Police Dept.

211 Hillcrest Avenue, Marina, CA 93933

831-884-1267

*No sharps, controlled

Salinas

Alisal Pharmacy

232 North Sanborn Road, Salinas. CA 93905

831-424-7321

*Controlled Substances and

Allcare Pharmacy

331 Main Street, Salinas, CA 93901

831-424-8053

*Controlled Substances and sharps OK

Seaside

CSUMB

100 Campus Center, Seaside, CA 93955

831-582-3965

*No controlled substances, no

Walgreens Seaside

1055 Fremont Blvd, Seaside, CA 93955

831-393-9231

*No sharps, controlled

Carmel

Carmel Drug Store

Ocean and San Carlos, Carmel, CA 93921

831-624-3819

*No controlled substances.

Carmel Police Dept.

SE croner of Junipero and 4th St, Carmel, CA 93921

831-624-6403

*No sharps or liquids,





community

PARTNERSHIP Helping People. Changing Lives.







Nancy Buck Ransom Foundation



PARTS Coalition Mission

Our mission is to prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.