

# SUN STREET CENTERS



**PARTS Coalition Newsletter**

**June 2016**

*Preventing Alcohol Related Trauma in Salinas*

## In-One-Instant Program

The Power of *In-One-Instant*: In One Instant makes distracted, reckless, and impaired driving personal and relevant. By engaging teens on an emotional level, our award-winning safe driving program teaches teens how to stay safe behind the wheel and influence their friends and family to do the same.

Natividad Medical Center and Sun Street Centers has brought *In-One-Instant* to South County for the month of May. With graduation, Sober Grad, and summer around the corner, King City High School opened its doors to us on April 29th, 2016 and May 31st, 2016.

We worked with over 300 students to help create consciousness on the initial effects of distracted and drunk driving followed by a vow/pledge to be safe while driving to help save not only their lives, but the lives of the people around them.



*In-One-Instant at King City High School*

### In This Issue

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- Family Fun Day
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# State of California raises legal age to buy tobacco from 18 to 21

Under the new law, 18-20-year-olds will no longer be allowed to buy tobacco in California starting on June 9.

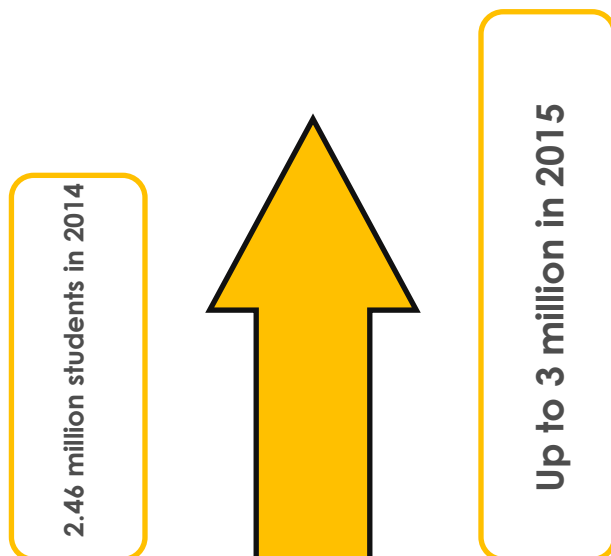
The governor of California on Wednesday approved raising the legal age to buy tobacco for smoking, dipping, chewing and vaping from 18 to 21.

Democratic Gov. Jerry Brown said he signed the measure along with four others restricting tobacco use in various ways.

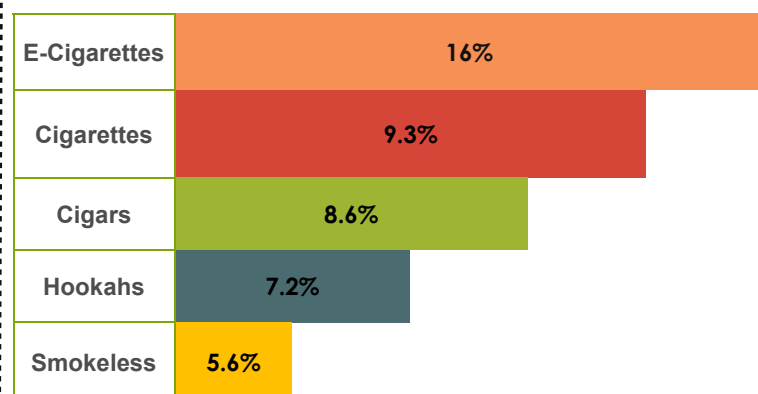
Supporters of the law regarding age aimed to deter adolescents from the harmful, sometimes fatal effects of nicotine addiction. The Institute of Medicine reports that 90 percent of daily smokers began using tobacco before turning 19.

Full Story: <http://www.thecalifornian.com/story/news/2016/05/04/state-raises-legal-age-buy-tobacco/83951834/>

**3 million middle and high school students were current users of e-cigarettes in 2015**



**Current use of tobacco products by high school students in 2015**



Source: National Youth Tobacco Survey 2011-2015\*

# 11th Annual Prescription Drug Take-Back



Sun Street Centers in South County and Gonzales Police Department, collected 152 lbs of prescription drugs that will NEVER be on the streets!

National Prescription Drug Take Back Day April 30, 2016

## SAMHSA Prevention Week

National Prevention Week is an annual health observance dedicated to increasing public awareness of, and action around, mental and/or substance use disorders. Sun Street Centers/STEPS put together their "Strong as one, Stronger together" Resource Fair.

Our STEPS students, along with Sun Street Centers Staff and community agencies, gave out information to parents and high school students regarding youth resources in the community and the dangers of sub-

## Family Fun Day 2016



"Family Fun Day is a great example of public and community-based organizations partnering to increase awareness about mental health and reduce the stigma associated with it. Sun Street Centers was a great partner who engaged many youth as volunteers the day of the event. I appreciate our collaboration and look forward to continue working together."

-Elizabeth Ambriz, Chronic Disease Prevention Coordinator,  
Monterey County Health Department





**STEPS Graduates c/o**  
**2016**

**Yesenia Sanchez**

Alisal High School

**Roberto Martinez**

Salinas High School

**Miguel Alcala**

Salinas High School

**Ricardo Guevarra**

Salinas High School

**Katia Gutierrez**

Salinas High School

**Angeles Beltran**

Salinas High School

**Jessica Santana**

Salinas High School

**Eduardo Jimenez**

Salinas High School

**Monica Alcantar**

Soledad High School

**Brielle Banda**

Soledad High School

**Adrian Arroyo**

Soledad High School

**Elisa Placencia**

Soledad High School



## *New Beginning*

What feels like an end, is often a new beginning. Throughout the STEPS experience, you are able to learn new skills that will help guide you into your career path. At first, students come in with the intentions of staying just to complete their community hours. However, throughout their time here, they decide to stay in means of continuing their efforts to see a change in their community. Take pride in how far you have come and have faith in how far you can go.



**Jonisha Damon - Peninsula STEPS Alumni**

"I grew up on the Monterey Peninsula, where in June 2011, I graduated from Seaside High School. During that time, I found a calling for helping at-risk youth through services that Sun Street Centers offers. I joined Sun Street Centers as a STEPS Youth Leader because I wanted to have a life of purpose and I believe that I could make a positive impact in the lives of youth. Sun Street provided me with the amazing opportunities to volunteer with local city officials, police officers and companies that wanted to bring awareness of their contributions and efforts. In addition, taught me to be a strong-minded individual, who can impact the lives of many. From this I decided to pursue a major within the field of Social Science. I attended Monterey Peninsula College where I obtained my Associates within Sociology of the Social Science. I then transferred to California State University, Fresno and further pursued the field of Sociology for two years and I have obtained my Bachelors of Arts in Sociology and a certificate to work with at-risk youth. Currently, I am going to start a new job as a Child Care Worker for the State. Through this experience I will gain greater knowledge that will get me a step closer to applying for the masters program. "

-Jonisha Damon

# PARTS Coalition Member's Bulletin Board

**Save the date!!!**

Want to make a difference?  
Sun Street Coalitions are looking for new members. New members welcome!

## **Salinas STEPS:**

Meetings on Monday, Wednesday,  
and Friday: 3:30pm-5:30pm.  
Contact Jorge Rubio: 831.998.2000

## **Breaking the Stigma: The Truth About Cannabis**

Full version on YouTube page  
Subscribe: SunStreetCenters

## **Life-Skills Training**

When: Tuesday, June 14th, 2016

Time: 3:30pm-4:30pm

Where: 128 E. Alisal Street, Salinas,  
CA. 93901

Contact Reyna Alcala:  
831.753.5150

## **Monterey County PARTS Coalition**

Meetings take place every  
second Thursday of the month  
Time: 12-1:30pm

Contact: Jaime Ramirez

## **Contact Us**

Give us a call for more information about our services and products

### **Sun Street Centers**

128 E. Alisal Street  
Salinas, CA 93901

(831) 753-5150

### **Jaime Ramirez**

jramirez@sunstreet.org

*Prevention Site Manager*

Visit us on the web at  
[www.sunstreetcenters.org](http://www.sunstreetcenters.org)

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[facebook.com/sunstreetcenters](https://facebook.com/sunstreetcenters)

Follow us on Twitter  
SunStreetTweet



## **PARTS Coalition Mission**

Our mission is to prevent alcohol-related injuries and fatalities, prevent youth access to alcohol and drugs and the initiated use of alcohol, tobacco and other drugs in the city of Salinas.

